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## Refined Rellich boundary inequalities for the derivatives of a harmonic function

Siddhant Agrawal and Thomas Alazard

ABSTRACT. The classical Rellich inequalities imply that the  $L^2$ -norms of the normal and tangential derivatives of a harmonic function are equivalent. In this note, we prove several refined inequalities, which make sense even if the domain is not Lipschitz. For two-dimensional domains, we obtain a sharp  $L^p$ -estimate for 1 by using a Riemann mapping and interpolation argument.

#### 1. Introduction

Let  $d \geq 1$  and denote by  $\mathbf{T}^d$  a *d*-dimensional torus. Given two real valued functions  $h \in W^{1,\infty}(\mathbf{T}^d)$  and  $\zeta \in H^{1/2}(\mathbf{T}^d)$ , it is classical that there exists a unique variational solution  $\phi$  to the following problem

$$\begin{cases} \Delta_{x,y}\phi = 0 \quad \text{in } \Omega = \{(x,y) \in \mathbf{T}^d \times \mathbf{R} \, ; \, y < h(x)\}, \\ \phi(x,h(x)) = \zeta(x), \\ \lim_{y \to -\infty} \sup_{x \in \mathbf{T}^d} |\nabla_{x,y}\phi(x,y)| = 0. \end{cases}$$
(1.1)

We are interested by quantitative estimates for the trace of the normal derivative  $\partial_N \phi$  on the boundary  $\partial \Omega$ , where the normal unit vector  $N \in \mathbf{R}^{d+1}$  is defined by

$$N = \frac{1}{\sqrt{1+|\nabla h|^2}} \begin{pmatrix} -\nabla h\\ 1 \end{pmatrix}.$$
(1.2)

By construction, the variational solution is such that  $\nabla_{x,y}\phi \in L^2(\Omega)$ , so it is not obvious that one can consider the trace  $\partial_N \phi|_{\partial\Omega}$ . However, since  $\Delta_{x,y}\phi = 0$ , one can express the normal derivative in terms of the tangential derivatives and prove that  $\sqrt{1+|\nabla h|^2}\partial_N \phi|_{\partial\Omega}$  is well-defined and belongs to  $H^{-\frac{1}{2}}(\mathbf{T}^d)$ .

In this paper, we are chiefly interested by another estimate, known as Rellich inequality, which plays a key role in the study of boundary value problems in Lipschitz domains. This inequality shows the equivalence between the  $L^2$ -norm of the tangential derivatives and the  $L^2$ -norm of the normal derivative (see [7, 18, 8, 10, 4, 5, 15]): there is constant C > 0, depending only on d and  $\|\nabla h\|_{L^{\infty}}$  such that

$$\frac{1}{C} \int_{\partial\Omega} (\partial_N \phi)^2 \, \mathrm{d}\sigma \le \int_{\mathbf{T}^d} |\nabla \zeta|^2 \, \mathrm{d}x \le C \int_{\partial\Omega} (\partial_N \phi)^2 \, \mathrm{d}\sigma, \tag{1.3}$$

where  $d\sigma = \sqrt{1 + |\nabla h|^2} dx$  is the surface measure on  $\partial \Omega$ .

We are going to prove several estimates which clarifies the dependance on the domain. Hereafter, given a function f = f(x, y) we use  $f|_{y=h}$  as a short notation for the function  $x \mapsto f(x, h(x))$ .

THEOREM 1.1. Let  $d \geq 1$ . For all  $h \in C^1(\mathbf{T}^d)$  and for all  $\zeta \in H^1(\mathbf{T}^d)$ , the traces of the derivatives  $(\nabla_{x,y}\phi)|_{y=h}$  are well-defined and belong to  $L^2(\mathbf{T}^d)$ . In addition, there holds

$$\int_{\mathbf{T}^d} (\partial_N \phi)(x, h(x))^2 \, \mathrm{d}x \le 40 \int_{\mathbf{T}^d} (1 + |\nabla h(x)|^2)^2 |\nabla \zeta(x)|^2 \, \mathrm{d}x, \tag{1.4}$$

and

$$\int_{\mathbf{T}^d} |(\nabla_{x,y}\phi)(x,h(x))|^2 \,\mathrm{d}x \le 41 \int_{\mathbf{T}^d} (1+|\nabla h(x)|^2)^2 |\nabla\zeta(x)|^2 \,\mathrm{d}x.$$
(1.5)

REMARK 1.2. (i) Compared to (1.3), the rather surprising feature of (1.4) and (1.5) is the fact that the right-hand sides can be estimated even if h is not a Lipschitz function. For example, we can write that

$$\int_{\mathbf{T}^d} (1 + |\nabla h|^2)^2 |\nabla \zeta|^2 \, \mathrm{d}x \le 2 \, \|\nabla \zeta\|_{L^2}^2 + 2 \, \|\nabla \zeta\|_{L^\infty}^2 \, \|\nabla h\|_{L^4}^4 \, .$$

In the same vein, if  $\zeta = h$ , we obtain from (1.5) that

$$\|(\nabla_{x,y}\phi)\|_{y=h}\|_{L^2} \le 7\Big(\|\nabla h\|_{L^2} + \|\nabla h\|_{L^6}^3\Big).$$

Notice that the case  $\zeta = h$  is interesting for the Hele-Shaw equation (see [6, 3, 14, 9]).

(*ii*) One could extend the estimates (1.4) and (1.5) to the cases where h belongs to  $W^{1,\infty}(\mathbf{T}^d)$  instead of  $C^1(\mathbf{T}^d)$  by using the arguments in Nečas [13, Chapter 5], Brown [4] or McLean [11, Theorem 4.24].

Consider now the Dirichlet-to-Neumann operator G(h) defined by

$$G(h)\zeta = \left(\partial_y \phi - \nabla h \cdot \nabla \phi\right) \Big|_{y=h} = \sqrt{1 + |\nabla h|^2} \partial_N \phi \Big|_{y=h}$$

From the previous inequalities, we immediately obtain the following

COROLLARY 1.3. Let  $d \ge 1$ . For all  $h \in C^1(\mathbf{T}^d)$  and for all  $\zeta \in H^1(\mathbf{T}^d)$ , there holds  $G(h)\zeta \in L^2(\mathbf{T}^d)$  together with the estimate

$$\int_{\mathbf{T}^d} \frac{(G(h)\zeta)^2}{1+|\nabla h|^2} \, \mathrm{d}x \le 40 \int_{\mathbf{T}^d} (1+|\nabla h|^2)^2 |\nabla \zeta|^2 \, \mathrm{d}x.$$
(1.6)

REMARK 1.4. In particular,

$$\int_{\mathbf{T}^d} (G(h)\zeta)^2 \,\mathrm{d}x \le 40 \,(1 + \|\nabla h\|_{L^\infty}^2)^3 \int_{\mathbf{T}^d} |\nabla \zeta|^2 \,\mathrm{d}x.$$
(1.7)

As said above, compared to (1.7), the estimate (1.6) is quite surprising in that the right-hand side of the former might be finite even if  $\nabla h$  is unbounded. In this case, we do not control the  $L^2$ -norm of  $G(h)\zeta$  but only a weaker quantity.

In dimension d = 1, we can extend the above result in two directions. The first one is a stronger version of estimate (1.6) where the right-hand side does not involve h at all, while the second version generalizes to  $L^p$  estimates. If d = 1, we will denote simply by  $f_x$  the derivative  $\partial_x f$ .

THEOREM 1.5. For all  $h \in C^1(\mathbf{T})$  and for all  $\zeta \in H^1(\mathbf{T})$  we have

$$\int_{\mathbf{T}} \frac{(G(h)\zeta)^2}{1+h_x^2} \,\mathrm{d}x \le 4 \int_{\mathbf{T}} \zeta_x^2 \,\mathrm{d}x,\tag{1.8}$$

and

$$\int_{\mathbf{T}} \frac{\zeta_x^2}{1+h_x^2} \,\mathrm{d}x \le 4 \int_{\mathbf{T}} (G(h)\zeta)^2 \,\mathrm{d}x.$$
(1.9)

As a corollary, one can get a surprising geometric estimate.

COROLLARY 1.6. Denote by  $\kappa$  the curvature of  $\partial\Omega$  and by  $\theta$  the angle the interface  $\partial \Omega$  makes with the x-axis, defined by

$$\kappa = \partial_x \left( \frac{h_x}{\sqrt{1 + h_x^2}} \right) \quad , \quad \theta = \arctan(h_x).$$

Then, there holds

$$||G(h)\kappa||_{H^{-1}} \le 2 ||\theta_x||_{L^2}.$$

PROOF. Notice that  $\kappa = h_{xx}/(1 + h_x^2)^{3/2}$ . Since G(h) is self-adjoint for the  $L^2$ -scalar product, for any function  $\varphi \in H^1(\mathbf{T})$ , we deduce from (1.8) that

$$\begin{split} \int_{\mathbf{T}} \varphi G(h) \kappa \, \mathrm{d}x &= \int_{\mathbf{T}} \kappa G(h) \varphi \, \mathrm{d}x \leq \left( \int_{\mathbf{T}} (1+h_x^2) \kappa^2 \, \mathrm{d}x \right)^{\frac{1}{2}} \left( \int_{\mathbf{T}} \frac{(G(h)\varphi)^2}{1+h_x^2} \, \mathrm{d}x \right)^{\frac{1}{2}} \\ &\leq 2 \left( \int_{\mathbf{T}} \frac{h_{xx}^2}{(1+h_x^2)^2} \, \mathrm{d}x \right)^{\frac{1}{2}} \|\varphi_x\|_{L^2} = 2 \left( \int_{\mathbf{T}} \theta_x^2 \, \mathrm{d}x \right)^{\frac{1}{2}} \|\varphi_x\|_{L^2} \,, \end{split}$$
d the result follows.

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Our final result extends (1.8) and (1.9) to the  $L^p$ -setting. In dimension d = 1, the normal and tangential unit vectors are defined by

$$N = \frac{1}{\sqrt{1+h_x^2}} \begin{pmatrix} -h_x \\ 1 \end{pmatrix} \quad , \quad T = \frac{1}{\sqrt{1+h_x^2}} \begin{pmatrix} 1 \\ h_x \end{pmatrix}, \tag{1.10}$$

and the arc length measure on  $\partial \Omega$  is  $d\sigma = \sqrt{1 + h_x^2} dx$ .

THEOREM 1.7. For all  $1 , there exists a constant <math>C_p > 0$  such that, for all  $h \in C^1(\mathbf{T})$  and for all  $\zeta \in H^1(\mathbf{T})$ , if  $\phi$  is defined by (1.1), then the following two inequalities hold:

$$\int_{\partial\Omega} \frac{\left|\partial_N\phi\right|^p}{\left(1+h_x^2\right)^{\frac{p-1}{2}}} \,\mathrm{d}\sigma \le C_p \int_{\partial\Omega} \left|\partial_T\phi\right|^p \left(1+h_x^2\right)^{\frac{p-1}{2}} \,\mathrm{d}\sigma,\tag{1.11}$$

and

$$\int_{\partial\Omega} \frac{|\partial_T \phi|^p}{(1+h_x^2)^{\frac{p-1}{2}}} \,\mathrm{d}\sigma \le C_p \int_{\partial\Omega} |\partial_N \phi|^p (1+h_x^2)^{\frac{p-1}{2}} \,\mathrm{d}\sigma.$$
(1.12)

REMARK 1.8. The estimates do not extend to p = 1, as can be seen by assuming that h = 0. Indeed, if h = 0 and p = 1, then

$$\int_{\partial\Omega} \frac{\left|\partial_N\phi\right|^p}{\left(1+h_x^2\right)^{\frac{p-1}{2}}} \,\mathrm{d}\sigma = \int_{\mathbf{T}} \left|\mathbb{H}\partial_x\zeta\right| \,\mathrm{d}x \quad , \quad \int_{\partial\Omega} \left|\partial_T\phi\right|^p \left(1+h_x^2\right)^{\frac{p-1}{2}} \,\mathrm{d}\sigma = \int_{\mathbf{T}} \left|\partial_x\zeta\right| \,\mathrm{d}x,$$

where  $\mathbb{H}$  is the periodic Hilbert transform (see (3.4)) and hence we see that the estimates do not hold for p = 1, since  $\mathbb{H}$  is not bounded on  $L^1(\mathbf{T})$ .

#### 2. Refined Rellich estimates

In this section we prove Theorem 1.1 and Theorem 1.5.

#### 2.1. Proof of Theorem 1.1

The proof is decomposed into four steps. We start by proving the quantitative estimates (1.4) and (1.5) under the additional assumption that the functions h and  $\zeta$  are smooth, so that all calculations will be easily justified. Then, we will consider in the fourth step the general case by an approximation argument.

Step 1: Reduction to an estimate for G(h). Assume that h and  $\zeta$  belong to  $C^{\infty}(\mathbf{T}^d)$ . Then (1.1) is a classical elliptic boundary problem, which admits a unique solution  $\phi \in C^{\infty}(\overline{\Omega})$  such that  $\nabla_{x,y}\phi \in L^2(\Omega)$ .

By definition of the Dirichlet-to-Neumann operator G(h), there holds

$$G(h)\zeta = \left(\partial_y \phi - \nabla h \cdot \nabla \phi\right) \Big|_{y=h} = \sqrt{1 + |\nabla h|^2} \partial_N \phi \Big|_{y=h}.$$
 (2.1)

(Let us recall that  $\nabla$  denotes the gradient with respect to  $x \in \mathbf{T}^d$ .) We see that (1.4) is equivalent to

$$\int_{\mathbf{T}^d} \frac{(G(h)\zeta)^2}{1+|\nabla h|^2} \, \mathrm{d}x \le 40 \int_{\mathbf{T}^d} (1+|\nabla h|^2)^2 |\nabla \zeta|^2 \, \mathrm{d}x.$$
(2.2)

Let us show that (1.5) also follows from (2.2). To do so, it is convenient to introduce the notations

$$\mathcal{V} = (\nabla \phi)|_{y=h}, \qquad \mathcal{B} = (\partial_y \phi)|_{y=h}.$$

Using (2.1), we have  $G(h)\zeta = \mathcal{B} - \nabla h \cdot \mathcal{V}.$ 

On the other hand, it follows from the chain rule that

$$\nabla \zeta = \nabla(\phi|_{y=h}) = \mathcal{V} + \mathcal{B} \nabla h.$$

By combining the previous identities, we see that  $\mathcal{B}$  and  $\mathcal{V}$  can be defined only in terms of h and  $\zeta$  by means of the formulas

$$\mathcal{B} = \frac{G(h)\zeta + \nabla\zeta \cdot \nabla h}{1 + |\nabla h|^2}, \qquad \mathcal{V} = \nabla\zeta - \mathcal{B}\nabla h.$$
(2.4)

(2.3)

It follows that

$$|(\nabla_{x,y}\phi)|_{y=h}|^{2} = ((\partial_{y}\phi)|_{y=h})^{2} + |(\nabla\phi)|_{y=h}|^{2}$$
  
=  $\mathcal{B}^{2} + |\mathcal{V}|^{2}$   
=  $\frac{(G(h)\zeta)^{2}}{1 + |\nabla h|^{2}} + |\nabla\zeta|^{2} - \frac{(\nabla h \cdot \nabla\zeta)^{2}}{1 + |\nabla h|^{2}}.$  (2.5)

This shows that (1.5) will follow directly from (2.2).

Therefore, both estimates of the theorem will be proved if we show (2.2).

Step 2: An intermediate Rellich type estimate.

To prove (2.2), we begin by establishing a Rellich type estimate which allows to estimate the  $L^2$ -norm of  $G(h)\zeta$  in terms of  $\mathcal{V} = (\nabla \phi)_{|y=h}$ .

**PROPOSITION 2.1.** There holds

$$\int_{\mathbf{T}^d} (G(h)\zeta)^2 \,\mathrm{d}x \le \int_{\mathbf{T}^d} (1+|\nabla h|^2)|\mathcal{V}|^2 \,\mathrm{d}x. \tag{2.6}$$

**PROOF.** By squaring the identity (2.3) we get

$$(G(h)\zeta)^2 = \mathcal{B}^2 - 2\mathcal{B}\nabla h \cdot \mathcal{V} + (\nabla h \cdot \mathcal{V})^2.$$

Since  $(\nabla h \cdot \mathcal{V})^2 \leq |\nabla h|^2 |\mathcal{V}|^2$ , this implies

$$(G(h)\zeta)^2 \le \mathcal{B}^2 - |\mathcal{V}|^2 - 2\mathcal{B}\nabla h \cdot \mathcal{V} + (1 + |\nabla h|^2)\mathcal{V}^2.$$
(2.7)

So,

$$\int_{\mathbf{T}^d} (G(h)\zeta)^2 \,\mathrm{d}x \le \int_{\mathbf{T}^d} (1+|\nabla h|^2) \,|\mathcal{V}|^2 \,\mathrm{d}x + R,$$

where

$$R = \int_{\mathbf{T}^d} \left( \mathcal{B}^2 - |\mathcal{V}|^2 - 2\mathcal{B}\nabla h \cdot \mathcal{V} \right) \mathrm{d}x.$$
 (2.8)

We see that, to obtain (2.6), it is sufficient to prove that R = 0. It is interesting to observe that the latter result is a consequence of the classical Rellich identity. It can be proven by multiplying the equation  $\Delta_{x,y}\phi = 0$  by  $\partial_y\phi$  and then integrating by parts. We will give an alternative proof, following [1], which consists in observing that R is the flux associated to a vector field. Indeed,

$$R = \int_{\partial \Omega} X \cdot N \, \mathrm{d}\sigma$$

where  $X \colon \Omega \to \mathbf{R}^{d+1}$  is given by

$$X = (2(\partial_y \phi) \nabla \phi; (\partial_y \phi)^2 - |\nabla \phi|^2)$$

Then the key observation is that this vector field satisfies  $\operatorname{div}_{x,y} X = 0$  since

$$\partial_y \left( (\partial_y \phi)^2 - |\nabla \phi|^2 \right) + 2 \operatorname{div} \left( (\partial_y \phi) \nabla \phi \right) = 2(\partial_y \phi) \Delta_{x,y} \phi = 0,$$

as can be verified by an elementary computation. Now, we see that the cancellation R = 0 comes from the Stokes' theorem. To rigorously justify this point, we truncate  $\Omega$  in order to work in a smooth bounded domain. Given a parameter  $\beta > 0$ , set

$$\Omega_{\beta} = \{ (x, y) \in \mathbf{T}^d \times \mathbf{R} ; -\beta < y < h(x) \}.$$

An application of the divergence theorem in  $\Omega_{\beta}$  gives that

$$0 = \iint_{\Omega_{\beta}} \operatorname{div}_{x,y} X \, \mathrm{d}y \, \mathrm{d}x = R + \int_{\{y = -\beta\}} X \cdot n \, \mathrm{d}\sigma$$

Recall that the potential  $\phi$  satisfies (1.1)

$$\lim_{y \to -\infty} \sup_{x \in \mathbf{T}^d} |\nabla_{x,y} \phi(x,y)| = 0$$

Therefore, X converges to 0 uniformly when y goes to  $-\infty$ . So, by sending  $\beta$  to  $+\infty$ , we obtain the expected result R = 0 which completes the proof of the proposition.

Step 3: Proof of (2.2). Introduce the function  $\varepsilon \colon \mathbf{T}^d \to [0, +\infty)$  defined by

$$\varepsilon(x) := \frac{1}{8(1 + |\nabla h(x)|^2)}$$

Introduce also the functions

$$\lambda(x) = 1 + \varepsilon(x)$$
 ,  $\Lambda(x) = 1 + \frac{1}{\varepsilon(x)}$ 

Directly from the identity (2.4) for  $\mathcal{B}$  and the elementary inequality

$$|a+b|^2 \le \lambda(x)|a|^2 + \Lambda(x)|b|^2$$
 (for any  $(a,b,x) \in \mathbf{R}^d \times \mathbf{R}^d \times \mathbf{T}^d$ ),

we have the pointwise inequalities

$$\begin{split} |\nabla \zeta - \mathcal{B} \nabla h|^2 &\leq \Lambda \left| \nabla \zeta \right|^2 + \lambda \mathcal{B}^2 \left| \nabla h \right|^2 \\ &\leq \Lambda \left| \nabla \zeta \right|^2 + \lambda \frac{\left| \nabla h \right|^2}{(1 + |\nabla h|^2)^2} (G(h)\zeta + \nabla \zeta \cdot \nabla h)^2 \\ &\leq \Lambda \left| \nabla \zeta \right|^2 + \lambda^2 \frac{\left| \nabla h \right|^2}{(1 + |\nabla h|^2)^2} (G(h)\zeta)^2 + \lambda \Lambda \frac{\left| \nabla h \right|^4}{(1 + |\nabla h|^2)^2} \left| \nabla \zeta \right|^2. \end{split}$$

Hence, it follows from (2.6) that we have an estimate of the form:

$$\int_{\mathbf{T}^d} \gamma(G(h)\zeta)^2 \, \mathrm{d}x \le \int_{\mathbf{T}^d} \delta \, |\nabla\zeta|^2 \, \mathrm{d}x,$$

where

$$\gamma := 1 - \lambda^2 \frac{|\nabla h|^2}{1 + |\nabla h|^2}, \qquad \delta := (1 + |\nabla h|^2) \left(\Lambda + \lambda \Lambda \frac{|\nabla h|^4}{(1 + |\nabla h|^2)^2}\right).$$

Then, we notice that

$$\delta \le (1+|\nabla h|^2)(\Lambda+\lambda\Lambda) \le (1+|\nabla h|^2)\left(4+\frac{2}{\varepsilon}\right) \le 20(1+|\nabla h|^2)^2.$$

On the other hand, we have

$$\gamma = 1 - \lambda^2 \frac{|\nabla h|^2}{1 + |\nabla h|^2} = \frac{1 - (2\varepsilon + \varepsilon^2) \left|\nabla h\right|^2}{1 + |\nabla h|^2} \geq \frac{1}{2} \cdot \frac{1}{1 + |\nabla h|^2},$$

where we used the pointwise inequality  $(2\varepsilon + \varepsilon^2) |\nabla h|^2 \leq 3\varepsilon |\nabla h|^2 \leq 1/2$ . It follows that

$$\frac{1}{2} \int_{\mathbf{T}^d} \frac{(G(h)\zeta)^2}{1 + |\nabla h|^2} \, \mathrm{d}x \le \int_{\mathbf{T}^d} 20(1 + |\nabla h|^2)^2 |\nabla \zeta|^2 \, \mathrm{d}x.$$

This implies the wanted result (2.2) and hence concludes the proof of the theorem.

Step 4: The general case. We now assume only that  $h \in C^1(\mathbf{T}^d)$  and  $\zeta \in H^1(\mathbf{T}^d)$ .

Introduce two sequences of smooth functions  $\{h_n\}_{n \in \mathbb{N}}$  and  $\{\zeta_n\}_{n \in \mathbb{N}}$  such that  $\|h_n - h\|_{W^{1,\infty}}$  and  $\|\zeta_n - \zeta\|_{H^1}$  converge to 0 when n goes to  $+\infty$ . Then it follows from variational arguments (see [2, Section 3]) that  $G(h_n)\zeta_n$  converges to  $G(h)\zeta$  in  $H^{-1/2}(\mathbf{T}^d)$ .

On the other hand, it follows from (2.2) applied with  $(h, \zeta)$  replaced by  $(h_n, \zeta_n)$  that the sequence  $\{G(h_n)\zeta_n\}_{n\in\mathbb{N}}$  is bounded in  $L^2(\mathbf{T}^d)$ , indeed

$$\int_{\mathbf{T}^d} (G(h_n)\zeta_n)^2 \, \mathrm{d}x \le 40 \, (1 + \|\nabla h_n\|_{L^{\infty}}^2)^3 \int_{\mathbf{T}^d} |\nabla \zeta_n|^2 \, \mathrm{d}x.$$

It follows that there exists a subsequence  $\{G(h_{n'})\zeta_{n'}\}$  converging weakly in  $L^2(\mathbf{T}^d)$ . Therefore, by uniqueness of the limit in the space of distributions, we see that  $G(h)\zeta$  belongs to  $L^2(\mathbf{T}^d)$ . Given (2.5), this in turn implies that  $(\partial_N \phi)|_{y=h}$  and  $(\nabla_{x,y}\phi)|_{y=h}$  are well defined and belong to  $L^2(\mathbf{T}^d)$ . It remains to prove the estimates. Notice that  $(G(h_n)\zeta_n)/\sqrt{1+|\nabla h_n|^2}$  converges weakly in  $L^2$  to  $G(h)\zeta/\sqrt{1+|\nabla h|^2}$ . Therefore, the  $L^2$ -norm of the latter is bounded by

$$\liminf \left\| (G(h_n)\zeta_n)/\sqrt{1+|\nabla h_n|^2} \right\|_{L^2}$$

This establishes the estimate (2.2). Using again (2.5), this in turn implies the estimate (1.5) which completes the proof.

#### 2.2. Proof of Theorem 1.5

We will do the computations for smooth h and  $\zeta$ . We can then extend the estimates to  $h \in C^1(\mathbf{T})$  and  $\zeta \in H^1(\mathbf{T})$  by the same logic as in the proof of Theorem 1.1.

We know from the proof of Proposition 2.1 that the quantity R defined in (2.8) is zero, i.e.

$$\int_{\mathbf{T}} \left( \mathcal{B}^2 - \mathcal{V}^2 - 2h_x \mathcal{B} \mathcal{V} \right) \mathrm{d}x = 0.$$

Now as we are in one dimension, the equations (2.4) simplify

$$\mathcal{B} = \frac{h_x}{1+h_x^2}\zeta_x + \frac{1}{1+h_x^2}G(h)\zeta,$$
$$\mathcal{V} = \frac{1}{1+h_x^2}\zeta_x - \frac{h_x}{1+h_x^2}G(h)\zeta.$$

Substituting it in the above formula and simplifying we get

$$\int_{\mathbf{T}} \left\{ -\frac{\zeta_x^2}{1+h_x^2} + \frac{(G(h)\zeta)^2}{1+h_x^2} + \frac{2h_x\zeta_xG(h)\zeta}{1+h_x^2} \right\} dx = 0.$$
(2.9)

Now using Young's inequality  $ab \leq \frac{a^2}{2} + \frac{b^2}{2}$  gives

$$\begin{split} \int_{\mathbf{T}} \frac{(G(h)\zeta)^2}{1+h_x^2} \, \mathrm{d}x &\leq \int_{\mathbf{T}} \frac{\zeta_x^2}{1+h_x^2} \, \mathrm{d}x + \frac{1}{2} \int_{\mathbf{T}} \frac{(G(h)\zeta)^2}{1+h_x^2} \, \mathrm{d}x + \frac{1}{2} \int_{\mathbf{T}} \frac{4h_x^2 \zeta_x^2}{1+h_x^2} \, \mathrm{d}x \\ &\leq \frac{1}{2} \int_{\mathbf{T}} \frac{(G(h)\zeta)^2}{1+h_x^2} \, \mathrm{d}x + \int_{\mathbf{T}} \frac{(1+2h_x^2)\zeta_x^2}{1+h_x^2} \, \mathrm{d}x \\ &\leq \frac{1}{2} \int_{\mathbf{T}} \frac{(G(h)\zeta)^2}{1+h_x^2} \, \mathrm{d}x + 2 \int_{\mathbf{T}} |\zeta_x|^2 \, \mathrm{d}x. \end{split}$$

The estimate (1.8) now follows. The proof of (1.9) follows the same logic.

#### 3. Riemann mapping and Rellich estimates

In this section, we prove Theorem 1.7.

We will do the computations for smooth h and  $\zeta$ . We can then extend the estimates to  $h \in C^1(\mathbf{T})$  and  $\zeta \in H^1(\mathbf{T})$  by the same logic as in the proof of Theorem 1.1.

Note that the estimate (1.8), which reads

$$\int_{\mathbf{T}} \frac{(G(h)\zeta)^2}{1+h_x^2} \, \mathrm{d}x \le 4 \int_{\mathbf{T}} \zeta_x^2 \, \mathrm{d}x$$

can be rewritten as

$$\int_{\partial\Omega} \frac{(\partial_N \phi)^2}{(1+h_x^2)^{\frac{1}{2}}} \,\mathrm{d}\sigma \le 4 \int_{\partial\Omega} (\partial_T \phi)^2 (1+h_x^2)^{\frac{1}{2}} \,\mathrm{d}\sigma,\tag{3.1}$$

which is the wanted estimate (1.11) for p = 2. We will deduce that (1.11) holds for 1 by an interpolation argument. To do so, we will exploit the existence of a Riemann mapping to reduce the problem to the study of harmonic functions in a half-space.

We first consider the  $2\pi$  periodic version of  $\Omega$  by considering the domain  $\overline{\Omega} = \{(x, y) \in \mathbb{R}^2 \mid \exists n \in \mathbb{Z} \text{ so that } (x - 2n\pi, y) \in \Omega\}$ . Let  $P_- = \{(x, y) \in \mathbb{R}^2 \mid y < 0\}$  be the lower half plane and let  $\Psi : P_- \to \widetilde{\Omega}$  be a Riemann mapping. As the boundary  $\partial \widetilde{\Omega}$  is a Jordan curve, by Carathéodory's theorem the map  $\Psi$  extends continuously to a homeomorphism on the boundary. Let Z be the boundary value of  $\Psi$  and so  $Z : \mathbb{R} \to \partial \widetilde{\Omega}$  is a homeomorphism. We will denote the coordinates on this  $\mathbb{R}$  by  $\alpha$  so we will use quantities like  $Z(\alpha), \partial_{\alpha}$  etc.

Now as  $\Psi$  is a Riemann map from  $P_- \to \widetilde{\Omega}$ , we see that  $z \mapsto \Psi(k(z-c))$  for k > 0 and  $c \in \mathbf{R}$  are all the Riemann maps from  $P_- \to \widetilde{\Omega}$ . Therefore we let Z(0) = (0, h(0)) and  $Z(2\pi) = (2\pi, h(2\pi)) = Z(0) + 2\pi$ . Now consider  $\Psi_1 : P_- \to \widetilde{\Omega}$  given by  $\Psi_1(z) = \Psi(z+2\pi) - 2\pi$ . Clearly  $\Psi_1$  is a Riemann map with  $\Psi_1(0) = \Psi(0)$  and so there exists k > 0 so that  $\Psi_1(z) = \Psi(z+2\pi) - 2\pi = \Psi(kz)$ . If  $k \neq 1$ , then we get a contradiction by plugging in  $z = \frac{2\pi}{k-1}$  in this equation. Hence  $\Psi_1 = \Psi$  and therefore  $\Psi(z+2\pi) = \Psi(z) + 2\pi$ .

As  $\Psi$  is a Riemann map, we see that  $\Psi_z \neq 0$  in  $P_-$  and as  $P_-$  is simply connected, we see that  $\log(\Psi_z)$  is well defined if we fix the value of  $\log(\Psi_z(-i))$ (the choice one makes is immaterial). Now the smoothness of the domain  $\tilde{\Omega}$  implies that  $\log(\Psi_z)$  extends continuous to  $\overline{P}_-$  (see Theorem 3.5 in [16]. The proof given there is for the unit disc but the same proof also works for the half plane). In particular this means that there exists  $c_1, c_2 > 0$  such that  $c_1 \leq |Z_\alpha(\alpha)| \leq c_2$  for all  $\alpha \in \mathbf{R}$ . Now we define  $g: \mathbf{R} \to \mathbf{R}$  by

$$g = \operatorname{Im}(\log(Z_{\alpha})). \tag{3.2}$$

Notice that g is  $2\pi$  periodic.

As the slope of the interface is bounded, we can define  $\theta(x) = \arctan(h_x(x))$ , where  $\theta$  is now the angle the interface makes with the x-axis. Hence we see that

$$e^{i\theta(\operatorname{Re}(Z(\alpha)))} = e^{ig(\alpha)}$$

Therefore  $1 + h_x(\operatorname{Re}(Z(\alpha)))^2 = 1 + \tan(g(\alpha))^2$ . We also note that  $\tan(g)$  is a bounded function.

Now let  $\phi: P_{-} \to \mathbf{R}$  be the pullback of  $\phi$ , given by

$$\phi(z) = \phi(\Psi(z)),$$

with its boundary value being  $\tilde{\zeta}$ , i.e.  $\tilde{\phi}(\alpha) = \tilde{\zeta}(\alpha) = \zeta(Z(\alpha))$ . As  $\Psi$  is conformal, we see that  $\tilde{\phi}$  is also a harmonic function and on the boundary we have

$$(\partial_T \phi)(Z(\alpha)) = \frac{1}{|Z_{\alpha}|} (\partial_{\alpha} \widetilde{\phi})(\alpha) = \frac{1}{|Z_{\alpha}|} (\partial_{\alpha} \widetilde{\zeta})(\alpha).$$

If n is the unit outward normal of  $P_{-}$ , then we also see that

$$(\partial_N \phi)(Z(\alpha)) = \frac{1}{|Z_{\alpha}|} (\partial_n \widetilde{\phi})(\alpha) = \frac{1}{|Z_{\alpha}|} (|D|\widetilde{\zeta})(\alpha)$$

where  $|D| = \sqrt{-\Delta}$ . We can also see that the pullback of the measure  $d\sigma$  on  $\partial\Omega$  is the measure  $|Z_{\alpha}| d\alpha$  on **T**. Hence (3.1) is equivalent to

$$\int_{\mathbf{T}} \frac{\left| |D|\widetilde{\zeta} \right|^2}{|Z_{\alpha}|(1+\tan^2(g))^{\frac{1}{2}}} \,\mathrm{d}\alpha \le 4 \int_{\mathbf{T}} \frac{\left| \partial_{\alpha} \widetilde{\zeta} \right|^2 (1+\tan^2(g))^{\frac{1}{2}}}{|Z_{\alpha}|} \,\mathrm{d}\alpha. \tag{3.3}$$

If  $\mathcal{F}(f)$  is the Fourier transform of f, then the periodic Hilbert transform  $\mathbb{H}$ :  $L^2(\mathbf{T}) \to L^2(\mathbf{T})$  is given by the relation

$$\mathcal{F}(\mathbb{H}f)(n) = -isgn(n)\mathcal{F}(f)(n) \qquad \text{for } n \in \mathbb{Z},$$
(3.4)

where sgn(n) = 1 if n > 0, sgn(n) = -1 if n < 0 and sgn(0) = 0. Hence

$$||D|\widetilde{\zeta}| = |\mathbb{H}\partial_{\alpha}\widetilde{\zeta}|$$

Therefore we see that (3.3) is equivalent to the statement that the map  $\mathbb{H}$ :  $L^2(\mathbf{T}, v \, \mathrm{d}\alpha) \to L^2(\mathbf{T}, u \, \mathrm{d}\alpha)$  is bounded, where the weights u and v are defined by

$$u = \frac{(1 + \tan^2(g))^{-\frac{1}{2}}}{|Z_{\alpha}|}$$
 and  $v = \frac{(1 + \tan^2(g))^{\frac{1}{2}}}{|Z_{\alpha}|}$ .

Note that there exists constants  $c_3, c_4 > 0$  such that  $c_3 \leq u, v \leq c_4$  on all of **T** due to the properties of tan(g) and  $Z_{\alpha}$  mentioned above.

Now we know that  $\mathbb{H} : L^1(\mathbf{T}, d\alpha) \to L^{1,\infty}(\mathbf{T}, d\alpha)$  is bounded, where we recall that  $f \in L^{1,\infty}$  if we have  $||f||_{1,\infty} = \sup_{t>0} t|\{x \in \mathbf{T} \mid |f(x)| > t\}| < \infty$  (see Corollary 3.16 in [12]). Hence by real interpolation of operators with change of measures (namely, by using Theorem 2.9 from [17] with  $T = \mathbb{H}$ ,  $p_0 = q_0 = 1$ ,  $p_1 = q_1 = 2$ ,  $M = N = \mathbf{T}$ ,  $d\mu_0 = d\nu_0 = d\alpha$ ,  $d\mu_1 = v \, d\alpha$  and  $d\nu_1 = u \, d\alpha$ ) we see that, for all 1 ,

$$\mathbb{H}: L^p(\mathbf{T}, v^{p-1} \,\mathrm{d}\alpha) \to L^p(\mathbf{T}, u^{p-1} \,\mathrm{d}\alpha) \quad \text{is bounded.}$$
(3.5)

Therefore for  $1 , there exists a constant <math>C_p > 0$  such that

$$\int_{\mathbf{T}} \frac{\left| |D|\widetilde{\zeta} \right|^p}{\left| Z_\alpha \right|^{p-1} (1 + \tan^2(g))^{\frac{p-1}{2}}} \, \mathrm{d}\alpha \le C_p \int_{\mathbf{T}} \frac{\left| \partial_\alpha \widetilde{\zeta} \right|^p (1 + \tan^2(g))^{\frac{p-1}{2}}}{\left| Z_\alpha \right|^{p-1}} \, \mathrm{d}\alpha,$$

which is equivalent to

$$\int_{\partial\Omega} \frac{|\partial_N \phi|^p}{(1+h_x^2)^{\frac{p-1}{2}}} \,\mathrm{d}\sigma \le C_p \int_{\partial\Omega} |\partial_T \phi|^p (1+h_x^2)^{\frac{p-1}{2}} \,\mathrm{d}\sigma,$$

proving the first statement. The other statement also follows directly as (3.5) applied on the function  $|D|\tilde{\zeta}$  instead gets us

$$\int_{\mathbf{T}} \frac{\left|\partial_{\alpha}\widetilde{\zeta}\right|^{p}}{\left|Z_{\alpha}\right|^{p-1} (1+\tan^{2}(g))^{\frac{p-1}{2}}} \,\mathrm{d}\alpha \leq C_{p} \int_{\mathbf{T}} \frac{\left|\left|D\right|\widetilde{\zeta}\right|^{p} (1+\tan^{2}(g))^{\frac{p-1}{2}}}{\left|Z_{\alpha}\right|^{p-1}} \,\mathrm{d}\alpha,$$

which is equivalent to

$$\int_{\partial\Omega} \frac{|\partial_T \phi|^p}{(1+h_x^2)^{\frac{p-1}{2}}} \,\mathrm{d}\sigma \le C_p \int_{\partial\Omega} |\partial_N \phi|^p (1+h_x^2)^{\frac{p-1}{2}} \,\mathrm{d}\sigma.$$

This completes the proof.

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