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# Multilayer assembly of phase change material and bio-based concrete: A passive envelope to improve the energy and hygrothermal performance of buildings

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## Abstract

Phase change materials (PCMs) can improve indoor thermal comfort and reduce energy consumption, while bio-based concrete is an environment-friendly material that enables indoor humidity regulation and heat insulation. However, only a few studies have explored the integrated application of the two materials and comprehensively analyzed the energy and hygrothermal performance. In this study, a passive envelope solution that integrates PCM and hemp concrete is proposed to improve buildings' energy, thermal, and hygric performances simultaneously. Four

21 integrated scenarios were considered and compared with a baseline scenario (hemp concrete only).  
22 The performance of the integrated envelope was studied numerically based on the impact of the PCM's  
23 properties and its location in the envelope. The results highlight the indispensable role moisture  
24 transfer plays in determining the indoor hygric environment and heat load, as well as the valuable  
25 effect of the integrated envelope on improving both energy and hygrothermal performance. Scenario  
26 4/5 (with PCM closest to the interior) in the summer showed the greatest performance improvement  
27 compared to the baseline scenario, with reductions of 8.2%, 46.3%, and 43.7% for heat load,  
28 temperature fluctuation, and partial water vapor pressure fluctuation, respectively. The impact of the  
29 PCM properties in scenario 4/5 illustrate that the optimization of the integrated envelope can be  
30 achieved by increasing the thickness and latent heat of the PCM and identifying its appropriate phase  
31 transition range. From a year-round perspective, scenario 4/5 is also notable, as it shows great potential  
32 for saving energy and adapting to climate humidity variation while guaranteeing moisture equilibrium  
33 within the hemp concrete. The three-year assessment confirmed a lack of condensation and no risk of  
34 mold growth for such an integrated envelope, as the relative humidity in key locations remains below  
35 75%.

## 36 **Keywords**

37 Phase change material (PCM); Bio-based concrete; Passive building envelope; Heat and moisture  
38 transfer; Hygrothermal performance; Energy savings

39

<b>Nomenclature</b>
---------------------

$C$	specific heat capacity (J/(kg·K))
$C^*$	effective heat capacity of PCM (J/(kg·K))
$F_{sky}$	radiation view factor from sky to the envelope
$h_t$	convective heat transfer coefficient (W/(m <sup>2</sup> ·K))
$h_m$	convective mass transfer coefficient (kg/(m <sup>2</sup> ·s·Pa))
$I_{rad}$	solar radiation on exterior surface (W/m <sup>2</sup> )
$j$	total moisture flux (kg/(m <sup>2</sup> ·s))
$j_l$	liquid moisture flux (kg/(m <sup>2</sup> ·s))
$j_v$	vapor moisture flux (kg/(m <sup>2</sup> ·s))
$J$	moisture load (kg/m <sup>2</sup> )
$K_w$	liquid water permeability (kg/(Pa·m·s))
$L_v$	latent heat of evaporation (J/kg)
$Le$	Lewis number
$M_w$	molar mass of water (kg/mol)
$p_v$	partial water vapor pressure (Pa)
$p_{v,sat}$	saturation vapor pressure (Pa)
$p_c$	capillary pressure (Pa)
$q$	heat flux (W/m <sup>2</sup> )
$Q$	heat load (W·h/m <sup>2</sup> )
$R$	universal gas constant ( J/(kg·K))
$T$	temperature (°C)
$w$	volumetric moisture content (kg/m <sup>3</sup> )

*Greek symbols*

$\alpha$	solar absorptivity on exterior surface
$\delta_p$	water vapor permeability (kg/(Pa·m·s))
$\varepsilon$	infrared emittance of the exterior wall surface
$\theta$	relative error
$\xi$	sorption capacity
$\rho$	density (kg/m <sup>3</sup> )
$\sigma$	Stefan-Boltzmann constant (W/(m <sup>2</sup> ·K <sup>4</sup> ))
$\lambda$	thermal conductivity (W/(m·K))
$\lambda^*$	effective thermal conductivity of PCM (W/(m·K))
$\varphi$	relative humidity (%)

*Subscripts*

<i>a</i>	air
<i>amp</i>	amplitude
<i>crit</i>	critical
<i>e</i>	exterior
<i>hc</i>	hemp concrete
<i>i</i>	interior
<i>pcm</i>	PCM
<i>peak</i>	peak value
<i>sky</i>	sky
<i>v</i>	moisture vapor

$valley$	valley value
$w$	water
$x = 0$	exterior surface of envelope
$x = l$	interior surface of envelope

40

## 41 **1. Introduction**

42 Energy consumption and CO<sub>2</sub> emissions from the building industry account for 35% and 38% of  
43 total energy consumption and emissions, respectively [1]. Building envelopes, as an important part of  
44 buildings, are responsible for more than half (51%) of total building energy consumption [2]. In  
45 addition, envelopes are the medium for indoor–outdoor environmental transmission, playing an  
46 important role in regulating indoor temperature and relative humidity. Therefore, innovation in  
47 building envelopes plays a crucial role in saving energy, reducing emissions, and regulating the indoor  
48 environment.

49 Phase change material (PCM) has been extensively applied to building envelopes because of its  
50 considerable heat storage capacity (thermal inertia) [3]. PCMs have been widely studied in different  
51 cities and climates [4] as part of building construction (e.g., envelopes [5], floors [6], ceilings [7], and  
52 windows [8]) in order to improve thermal comfort and save building energy [9]. However, the thermal  
53 performance of PCM varies with different properties and location in the building structure. Lee [10]  
54 found that the thermal performance of PCM was different at the same location in the south and west  
55 walls of the building being investigated. Li [11] reported that the heat transfer reduction was different  
56 when the PCM was placed on the exterior and interior sides. Yu [12] studied the performance of PCMs

57 with different phase transition ranges in five climate regions, and the results indicated that the optimal  
58 phase transition temperature was low in the mild region and high in the hot summer and cold winter  
59 region. Moreover, according to the study [13], the heat flux fluctuation decreases with increasing PCM  
60 thickness and latent heat.

61 Bio-based concrete has also attracted attention in recent years, as its raw material comes from  
62 nature, thus lowering the cost of application [14] and reducing carbon emissions [15]. Furthermore,  
63 bio-based concrete is a lightweight thermal insulation material that contributes to indoor thermal  
64 comfort and energy efficiency [16]. Moreover, it is an excellent hygroscopic material, with a high  
65 moisture buffer capacity (moisture inertia) resulting from its capacity to absorb and desorb moisture  
66 from the surrounding environment. Chennouf [17] and Rahim [18] measured and proved the “excellent”  
67 moisture buffer capacity of date palm cement, flax, straw, and hemp lime concrete samples; they found  
68 the moisture buffer capacity of these materials to be greater than that of conventional materials. The  
69 hygroscopic behavior has been proven to be highly related to the temperature characteristic. Poyet [19]  
70 theoretically explained the relationship between vapor sorption properties and temperature. Chennouf  
71 [20], Wu [21], and Colinart [22] experimentally and numerically studied the relationship between  
72 temperature and hygric properties and suggested that there is a high coupling between heat and  
73 moisture transfer and that the hygric properties are more susceptible to temperature.

74 Consequently, it is valuable to integrate the thermal inertia of PCMs with the moisture inertia of  
75 hygroscopic materials, making it possible to improve the energy, thermal, and hygric performance of  
76 the envelope simultaneously. However, when it comes to the integration of these two types of materials,  
77 most studies have focused only on their thermal and energy performance while neglecting their hygric

78 performance. Therefore, to date, only a few studies have focused on both the thermal and hygric  
79 performances of integrated materials, and these studies generally fall into two categories. The first  
80 category deals with the mixed sample integration and preparation of PCMs and hygroscopic materials  
81 (zeolite [23], sepiolite [24], gypsum [25], metal-organic frameworks[26], diatomite [27], etc.) as well  
82 as the measurement and analysis of the properties (morphological, thermal, hygroscopic, chemical,  
83 etc.) of the integrated samples. The second category focuses on the application of the integrated  
84 materials. Fraine [28] found that a phase change humidity control material that incorporates  
85 microencapsulated PCM and diatomite can reduce fluctuations in temperature and relative humidity  
86 on the interior surface. Similar results were also found in [29], which integrated macro-encapsulated  
87 PCM and concrete walls. By assessing their water content, Park [30] and Chang [31] proved that a  
88 PCM–gypsum composite and a PCM–wood composite improved hygrothermal performance. Wu [32]  
89 assessed the hygrothermal and energy performance of a building that used PCM and diatomite as  
90 envelopes, and the results demonstrated the ability to regulate temperature and humidity.

91 These two categories are of great interest from the perspective of sample characterization and  
92 basic hygrothermal behavior assessment. However, an overall analysis of energy performance (total,  
93 sensible, and latent heat load) and the quantification of hygric performance are also important.  
94 Moreover, because of the coupling between heat and moisture transfer, it is necessary to study the  
95 thermal, hygric, and energy performances comprehensively. First, the principle that PCMs affect the  
96 hygric performance of the envelope by influencing its thermal performance needs to be investigated.  
97 Further, the effect of hygroscopic materials on hygric and energy performance is also worth studying.  
98 In addition, considering that the location and properties of the PCM affect the temperature distribution

99 in the envelope, it is meaningful to explore the optimization strategy by studying the impact of PCM  
100 parameters on the performance of the integrated envelope. However, among similar studies (in the  
101 second category mentioned above), few focus on performance optimization. Although some studies  
102 [28, 29] have analyzed the impact of PCM location, they focused only on temperature and relative  
103 humidity behavior and did not investigate energy performance.

104 In this paper, a multilayered passive building envelope is proposed by integrating PCM and bio-  
105 based concrete, namely hemp concrete (HC). Four scenarios in which PCM was placed in different  
106 locations were considered in comparison to a baseline scenario (HC only). Rome, with its  
107 Mediterranean climate, was chosen as a climatic environment where PCM is easily activated and  
108 utilized [33]. The objectives of this study are to prove the importance of moisture transfer, to identify  
109 the impact of PCM location and properties (thickness, latent heat, and phase transition range) on the  
110 energy and hygrothermal performance of the integrated envelope, and to assess performance and  
111 application risk. The main contributions are as follows: (1) establishing and validating a multilayer  
112 envelope model that couples heat and moisture transfer; (2) analyzing the relationship between energy,  
113 thermal, and hygric performance, proving the importance of moisture transfer; (3) investigating the  
114 impact of PCM, its location, and its properties on performance; (4) assessing annual energy and hygric  
115 performance; and (5) assessing the risk of condensation and mold growth over a three-year period.

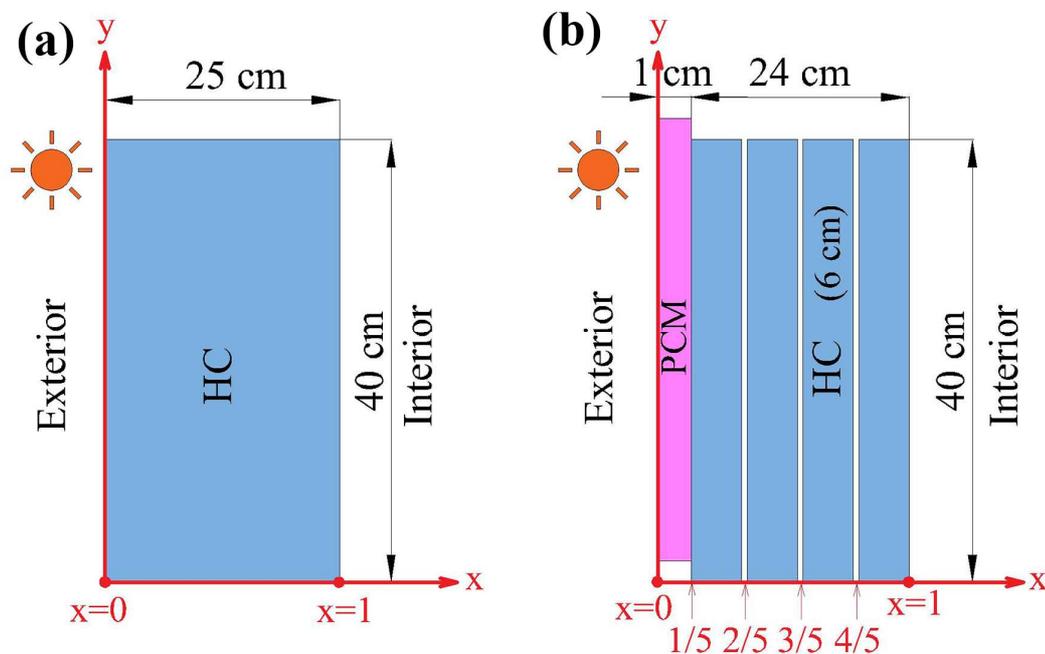
116

117 **2. Multilayer envelope description and mathematical model**

118 **2.1 Multilayer envelope description**

119 Fig. 1 shows five envelope scenarios, including one baseline scenario with HC only and four  
120 integrated scenarios with PCM at different locations. For the integrated scenarios, the HC layer was  
121 assumed to be divided into four uniform parts by three gaps along the thickness direction, and PCMs  
122 were inserted into the gaps; the resulting scenarios were named scenario 2/5, 3/5, and 4/5, respectively.  
123 The scenario with PCM on the outermost layer was named scenario 1/5. The thickness of the baseline  
124 scenario was 25 cm. The integrated scenarios comprised a 24-cm HC layer and a 1-cm PCM layer. The  
125 distance between the PCM and the interior surface in scenario 4/5 was 6 cm, which was thicker than  
126 the penetration depth of the HC [34].

127



128

129

Fig. 1. Two-dimensional layout of envelope: (a) baseline scenario and (b) integrated scenario

130

131 The HC is composed of hemp shives (64%), water (24%), and a lime-based binder (12%). The  
 132 PCM is a finished hydrocarbon-based PCM [35] comprised of an ethylene-based polymer (40%) and  
 133 paraffin wax (60%), with a 0.1 mm aluminum sheet laminated on both sides. Their physical properties  
 134 are shown in Table 1. To study the effect of PCM properties on performance, three additional phase  
 135 transition ranges (16–20, 20–24, and 28–32 °C), three additional latent heats (62.9, 117.8, and 145.3  
 136 kJ/(kg·K)), and two additional thicknesses (0.02 and 0.03 m) were considered. The specific heat  
 137 capacities and thermal conductivities of these PCMs are presented in Fig. 2 (a) and (b).

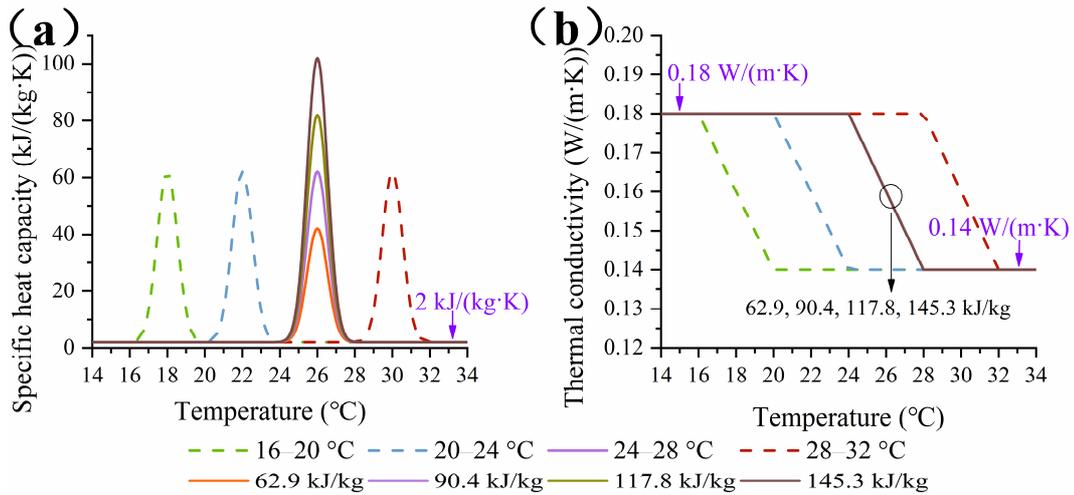
138

	HC <sup>a</sup>	PCM
Density (kg/m <sup>3</sup> )	478	810
Specific heat capacity (kJ/(kg·K))	$1.08 + 8.8 \times 10^{-3}w$	Fig. 2 (a)
Thermal conductivity (W/(m·K))	$0.125 + 3.36 \times 10^{-4}w$	Fig. 2 (b)
Latent heat (kJ/kg)	—	90.4
Phase transition range (°C)	—	24–28
Water vapor permeability (kg/(Pa·m·s))	$1.26 \times 10^{-11} \times \exp(2.26\varphi)$	—
Volumetric moisture content (kg/m <sup>3</sup> )	$\frac{\varphi}{-0.08\varphi^2 + 0.06\varphi + 0.03} - (0.4 - 0.26\varphi)(T - 23)$	—

139 <sup>a</sup> In the expression of the physical properties of HC,  $w$ ,  $\varphi$ , and  $T$  are the volumetric moisture content, relative humidity  
 140 (expressed in decimal form), and temperature, respectively.

141 Table 1 Physical properties of HC [36] and PCM

142



143  
 144 Fig. 2. Thermal properties of PCMs with different phase transition ranges and latent heats: (a) specific heat  
 145 capacity; (b) thermal conductivity

## 147 2.2 Coupled heat and moisture transfer model of HC

148 Before presenting the mathematical model, the following assumptions are considered:

- 149 1) Every element and layer of the envelope is non-deformable, homogeneous, and isotropic.
- 150 2) Thermal resistance on the interface between the layers is neglected.
- 151 3) Radiative heat transfer between the interior and the envelope is neglected.
- 152 4) The air in the pores of the porous structure of the HC is considered an ideal gas.
- 153 5) No heat or moisture sources exist in the envelope.
- 154 6) A local thermodynamic equilibrium exists between heat and moisture in the envelope.

### 156 2.2.1 Moisture transfer

157 In the model presented, relative humidity ( $\varphi$ ) and temperature ( $T$ ) are chosen as driving potentials  
 158 of moisture and heat transfer, respectively. The total moisture transfer in porous materials includes

159 vapor diffusion and liquid transport, which follow Fick's law [37] and Darcy's law [38], respectively.

160 The total moisture flux and mass conservation equation [39] can be written as

$$161 \quad j = j_v + j_l = -\delta_p \nabla p_v - K_w \nabla p_c \quad (1)$$

$$162 \quad \frac{\partial w}{\partial t} = -\nabla j \quad (2)$$

163 where  $j$ ,  $j_v$ , and  $j_l$  are the total, vapor, and liquid moisture fluxes, respectively;  $\delta_p$  is the water  
164 vapor permeability;  $p_v$  is the partial water vapor pressure;  $K_w$  is the liquid water permeability;  $p_c$   
165 is the capillary pressure;  $w$  is the volumetric moisture content.

166 The sorption moisture retention curve is dependent on both relative humidity and temperature  
167 [40]:

$$168 \quad \frac{\partial w}{\partial t} = \frac{\partial w}{\partial \varphi} \bigg|_T \frac{\partial \varphi}{\partial t} + \frac{\partial w}{\partial T} \bigg|_{\varphi} \frac{\partial T}{\partial t} = \xi_{\varphi} \frac{\partial \varphi}{\partial t} + \xi_T \frac{\partial T}{\partial t} \quad (3)$$

169 where  $\xi$  is the sorption capacity.

170 The partial water vapor pressure can be expressed in terms of relative humidity and saturation  
171 pressure ( $p_{v,sat}$ ) [41]:

$$172 \quad p_v = \varphi p_{v,sat} \quad (4)$$

$$173 \quad p_{v,sat} = 610.5 \exp\left(\frac{17.269T}{237.3+T}\right) \quad (5)$$

$$174 \quad \nabla p_v = \nabla(\varphi p_{v,sat}) = \varphi \nabla p_{v,sat} + p_{v,sat} \nabla \varphi = \varphi \frac{dp_{v,sat}}{dT} \nabla T + p_{v,sat} \nabla \varphi \quad (6)$$

175 The capillary pressure is calculated using the Kelvin equation [42]:

$$176 \quad p_c = \frac{\rho_w R T}{M_w} \ln(\varphi) \quad (7)$$

$$177 \quad \nabla p_c = \frac{\rho_w R}{M_w} \ln(\varphi) \nabla T + \frac{\rho_w R T}{M_w \varphi} \nabla \varphi \quad (8)$$

178 where  $\rho_w$  is the density of water;  $R$  is the universal gas constant;  $M_w$  is the molar mass of  
179 water.

180 Therefore, the mass conservation equation can be obtained by combining Eqs. (1) – (3).

$$181 \quad \xi_{\varphi} \frac{\partial \varphi}{\partial t} + \xi_T \frac{\partial T}{\partial t} = \nabla \left( (\delta_p p_{v,sat} + K_w \frac{\rho_w RT}{\varphi M_w}) \nabla \varphi + (\delta_p \varphi \frac{dp_{v,sat}}{dT} + K_w \frac{\rho_w R \ln(\varphi)}{M_w}) \nabla T \right) \quad (9)$$

182 Eq. (9) can be simplified as

$$183 \quad \xi_{\varphi} \frac{\partial \varphi}{\partial t} + \xi_T \frac{\partial T}{\partial t} = \nabla (D_{\varphi} \nabla \varphi + D_T \nabla T) \quad (10)$$

$$184 \quad D_{\varphi} = \delta_p p_{v,sat} + K_w \frac{\rho_w RT}{\varphi M_w} \quad (11)$$

$$185 \quad D_T = \delta_p \varphi \frac{dp_{v,sat}}{dT} + K_w \frac{\rho_w R \ln(\varphi)}{M_w} \quad (12)$$

186 The liquid water permeability can be written as [43]:

$$187 \quad K_w = \frac{\delta_p \varphi M_w p_{v,sat}}{RT \rho_w} \quad (13)$$

188

## 189 2.2.2 Heat transfer

190 Heat transfer in the HC can be described as a change in enthalpy caused by a change in  
 191 temperature, and it consists of two parts. First, the heat flux gradient is directly proportional to the  
 192 temperature gradient and the conductivity as defined by Fourier's law. Second, the heat flux gradient  
 193 can also be transported by the moisture flux, defined as a source term in the general heat equation [44].

194 Thus, the energy conservation equation [39] can be expressed by

$$195 \quad \rho_{hc} C_{hc} \frac{\partial T}{\partial t} = \nabla (\lambda_{hc} \nabla T) - L_v \nabla j_v \quad (14)$$

196 where  $\rho_{hc}$  is the density of HC;  $C_{hc}$  is the specific heat capacity of HC;  $\lambda_{hc}$  is the thermal  
 197 conductivity of HC;  $L_v$  is the latent heat of evaporation.

198 According to Eqs. (1) and (6), Eq. (14) can be expressed as

$$199 \quad \rho_{hc} C_{hc} \frac{\partial T}{\partial t} = \nabla (\lambda_{hc} \nabla T) + L_v \nabla (\delta_p p_{v,sat} \nabla \varphi + \delta_p \varphi \frac{dp_{v,sat}}{dT} \nabla T) \quad (15)$$

200 Eq. (15) can be simplified as

201 
$$\rho_{hc} C_{hc} \frac{\partial T}{\partial t} = \nabla(\lambda_{hc} \nabla T) + L_v \nabla(D_{\varphi,v} \nabla \varphi + D_{T,v} \nabla T) \quad (16)$$

202 
$$D_{\varphi,v} = \delta_p p_{v,sat} \quad (17)$$

203 
$$D_{T,v} = \delta_p \varphi \frac{dp_{v,sat}}{dT} \quad (18)$$

204 Here, the latent heat of evaporation is a function of temperature [45]:

205 
$$L_v = (2500 - 2.4T) \times 10^3 \quad (19)$$

206

207 **2.3 Heat transfer model of PCM**

208 The effective heat capacity model [46] was chosen to describe the heat transfer of the PCM. This  
 209 model deals with heat capacity and thermal conductivity as a function of temperature; their curves are  
 210 shown in Fig. 2 (a) and (b) in Section 2.1, while their functions are described by Eqs. (A.1) and (A.2)  
 211 in Appendix A. The heat transfer equation of the PCM can be expressed by

212 
$$\rho_{pcm} C^* \frac{\partial T}{\partial t} = \nabla(\lambda^* \nabla T) \quad (20)$$

213 where  $\rho_{pcm}$  is the density of PCM;  $C^*$  is the effective heat capacity of PCM;  $\lambda^*$  is the effective  
 214 thermal conductivity of PCM.

215

216 **2.4 Boundary conditions**

217 Since the outermost layer comprised the PCM in scenario 1/5 and HC in the remaining scenarios,  
 218 the boundary conditions were different on the exterior surface.

219 When HC is the outermost layer, the moisture and heat transfer boundary conditions on the  
 220 exterior surface are

221 
$$-(D_\varphi \nabla \varphi + D_T \nabla T)|_{x=0} = h_{m,e}(p_{v,e} - p_{v,x=0}) \quad (21)$$

222 
$$-(\lambda_{hc} \nabla T + L_v(D_{T,v} \nabla T + D_{\varphi,v} \nabla \varphi))|_{x=0} = h_{t,e}(T_e - T_{x=0}) + L_v h_{m,e}(p_{v,e} - p_{v,x=0}) + \alpha I_{rad} +$$

223 
$$\varepsilon \sigma [(1 - F_{sky})(T_e^4 - T_{x=0}^4) + F_{sky}(T_{sky}^4 - T_{x=0}^4)] \quad (22)$$

224 When PCM is the outermost layer, no moisture transfer happens on the exterior surface and the  
225 boundary conditions are expressed as

226 
$$j|_{x=0} = 0 \quad (23)$$

227 
$$-(\lambda^* \nabla T)|_{x=0} = h_{t,e}(T_e - T_{x=0}) + \alpha I_{rad} + \varepsilon \sigma [(1 - F_{sky})(T_e^4 - T_{x=0}^4) + F_{sky}(T_{sky}^4 -$$

228 
$$T_{x=0}^4)] \quad (24)$$

229 For the interior surface, the moisture and heat transfer boundary conditions remain coincident for  
230 all scenarios:

231 
$$-(D_\varphi \nabla \varphi + D_T \nabla T)|_{x=l} = h_{m,i}(p_{v,x=l} - p_{v,i}) \quad (25)$$

232 
$$-(\lambda_{hc} \nabla T + L_v(D_{T,v} \nabla T + D_{\varphi,v} \nabla \varphi))|_{x=l} = h_{t,i}(T_{x=l} - T_i) + L_v h_{m,i}(p_{v,x=l} -$$

233 
$$p_{v,i}) \quad (26)$$

234 where  $h_{t,e}$  and  $h_{t,i}$  are the convective heat transfer coefficients on the exterior and interior  
235 surfaces, assumed to be constant with values of 23.26 and 8.72 W/(m<sup>2</sup>·K) [47], respectively;  $h_{m,e}$   
236 and  $h_{m,i}$  are the convective mass transfer coefficients on the exterior and interior surfaces;  $p_{v,e}$  and  
237  $p_{v,i}$  are the partial water vapor pressures on the exterior and interior surfaces;  $p_{v,x=0}$  and  $p_{v,x=l}$  are  
238 the partial water vapor pressures on the exterior and interior surfaces;  $T_e$  and  $T_i$  are the temperatures  
239 of exterior and interior;  $T_{x=0}$  and  $T_{x=l}$  are the temperatures on the exterior and interior surfaces;  $\alpha$   
240 is the solar absorptivity, assumed to be 0.8;  $\varepsilon$  is the infrared emittance, assumed to be 0.8;  $I_{rad}$  is  
241 the solar radiation;  $\sigma$  is the Stefan-Boltzmann constant;  $F_{sky}$  is the radiation view factor from the

242 sky to the envelope, from [48]:  $F_{sky} = \beta[0.5(1 + \cos\gamma)]$ . Here,  $\gamma = 90^\circ$  for the vertical envelope;

243  $\beta = \sqrt{0.5(1 + \cos\gamma)}$ ;  $T_{sky}$  is the sky temperature, given by [49],  $T_{sky} = 0.0552T_e^{1.5}$ .

244 The mass transfer coefficient is related to the heat transfer coefficient using the Lewis relationship

245 [50]:

$$246 \quad h_m = \frac{h_t}{\rho_a C_a Le} \quad (27)$$

247 where  $\rho_a$  is the density of air;  $C_a$  is the specific heat capacity of air;  $Le$  is the Lewis number.

248

### 249 **3. Methodology**

#### 250 **3.1 Climate and interior conditions**

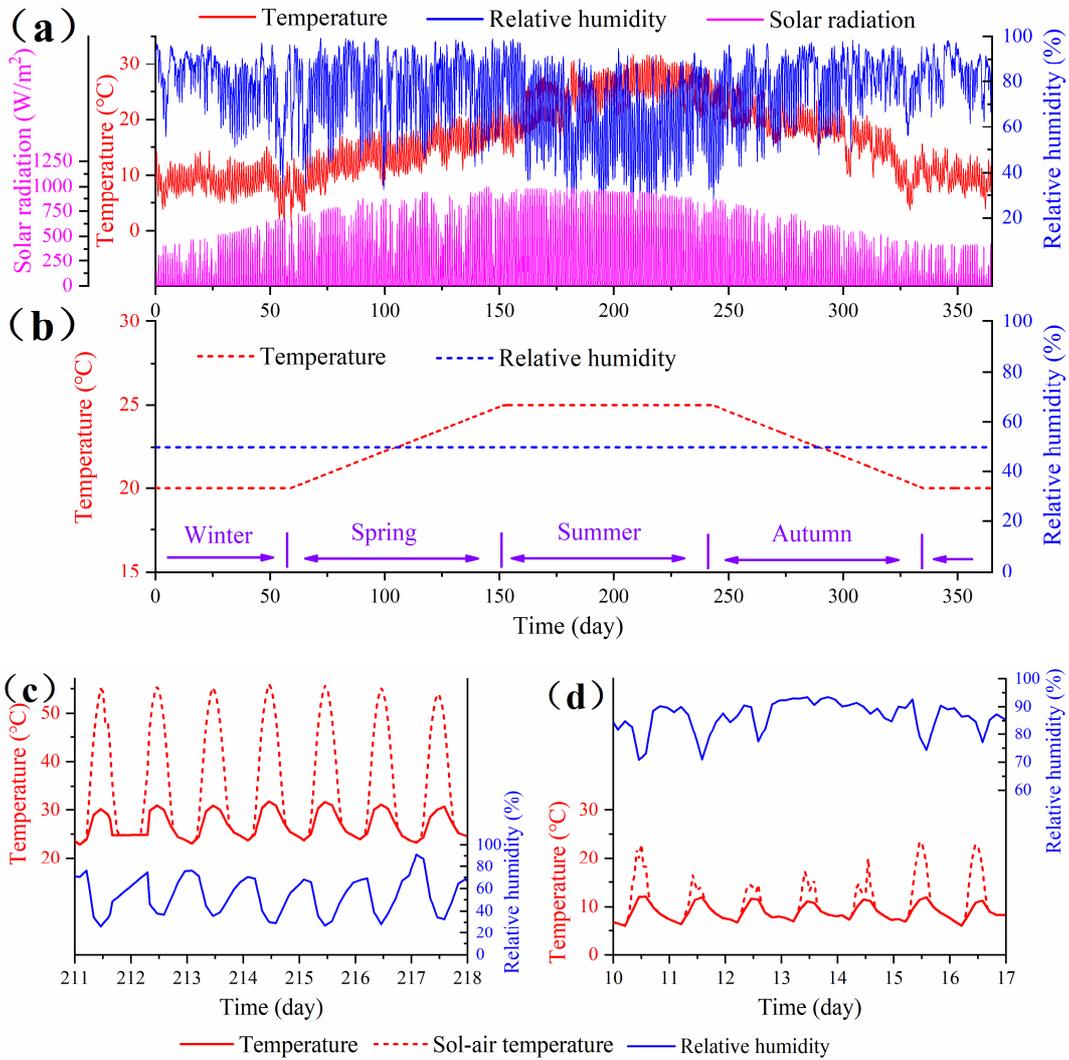
251 Fig. 3 (a) depicts the studied climate in Rome, Italy, which is characterized as a Mediterranean  
252 climate (according to the Köppen-Geiger climate classification system [51]: Csa). It is mild but humid  
253 in winter, and hot with temperate humidity in summer. The interior temperature was determined  
254 according to International Standard ISO 13788-2012 [52], which proposes a simplified approach to  
255 determining interior conditions based on climate temperature. Fig. 3 (b) shows the seasonally  
256 dependent interior temperature, which was set to 25 and 20 °C in summer and winter, respectively, and  
257 to vary linearly between 20 and 25 °C in spring and autumn. The interior relative humidity was taken  
258 as 50% throughout the year.

259 Fig. 3 (c) and (d) show the representative climate variation during one week in summer (August  
260 1 to 7) and in winter (January 10 to 17), respectively, in terms of climate temperature, relative humidity,  
261 and sol-air temperature ( $T_{sol-air}$ ). The sol-air temperature reflects the superposition effect of ambient

262 temperature and radiation on the exterior envelope surface [53]:

$$263 \quad T_{sol-air} = T_e + \frac{\alpha I_{rad}}{h_{t,e}} \quad (28)$$

264



265

266

267 Fig. 3. Climate and interior conditions: (a) annual climate in Rome; (b) annual interior temperature and relative

268 humidity; representative climate during one week in (c) summer and (d) winter

269

### 270 3.2 Numerical solution

271 The simulations were conducted with the commercial software COMSOL Multiphysics 5.3a,

272 which uses finite element analysis to solve mathematical equations. The General Form PDE interface  
 273 in COMSOL was used, which allows the user to define and edit the required equations. The general  
 274 form PDE model in COMSOL is presented as

$$275 \quad e_a \frac{\partial^2 u}{\partial t^2} + d_a \frac{\partial u}{\partial t} + \nabla \cdot \Gamma = f \quad (29)$$

276 The terms  $e_a$ ,  $d_a$ ,  $\Gamma$ , and  $f$  are user-defined coefficients, which are defined by referring to the  
 277 models in Section 2. The term  $u$  is the dependent variable, i.e., relative humidity or temperature.

278 The meshes of the envelope were generated by COMSOL with an element number of 3972. The  
 279 finite element equations were solved using the implicit backward differentiation formula solver for  
 280 time stepping. The relative tolerance was set at 0.001 to guarantee calculation accuracy during the  
 281 solution process. The calculation was carried out for a three-year period with a time step of 15 min.

282

### 283 3.3 Metric parameters

284 The metric parameters used in this study comprise three aspects of the interior envelope surface:  
 285 energy, hygric, and thermal performance.

286 Energy performance refers to the cumulative heat load ( $Q_{gain/loss}$ ) over a time duration of  $\tau_2 -$

287  $\tau_1$ :

$$288 \quad Q_{gain/loss} = \int_{t=\tau_1}^{t=\tau_2} q_{gain/loss} dt \quad (30)$$

289 The heat gain/loss flux ( $q_{gain/loss}$ ) comprises total, sensible, and latent heat flux:

$$290 \quad q_{total} = q_{sensible} + q_{latent} \quad (31)$$

$$291 \quad q_{sensible} = h_{t,i}(T_{x=l} - T_i) \quad (32)$$

292 
$$q_{latent} = L_v h_{m,i} (p_{v,x=l} - p_{v,i}) \quad (33)$$

293 The hygric and thermal performances comprise moisture loads ( $J_{gain/loss}$ ) over a time duration of  
 294  $\tau_2 - \tau_1$ , partial water vapor pressure amplitude ( $p_{v_{amp}}$ ), and temperature amplitude ( $T_{amp}$ ):

295 
$$J_{gain/loss} = \int_{t=\tau_1}^{t=\tau_2} j_{gain/loss} dt \quad (34)$$

296 
$$p_{v_{amp}} = (p_{v_{peak}} - p_{v_{valley}})/2 \quad (35)$$

297 
$$T_{amp} = (T_{peak} - T_{valley})/2 \quad (36)$$

298 The moisture gain/loss flux ( $j_{gain/loss}$ ) between the envelope and the interior is driven by the  
 299 concentration difference in partial water vapor pressure, which can be expressed by

300 
$$j = h_{m,i} (p_{v,x=l} - p_{v,i}) \quad (37)$$

301 Condensation risk assessment was based on ASHRAE Standard 160-2009 [54], which includes  
 302 the following three criteria:

- 303 1. The 30-day running average surface relative humidity is less than 80% when the 30-day  
 304 running average surface temperature is between 5 and 40 °C;
- 305 2. The 7-day running average surface relative humidity is less than 98% when the 7-day  
 306 running average surface temperature is between 5 and 40 °C;
- 307 3. The 24-hour running average surface relative humidity is less than 100% when the 24-hour  
 308 running average surface temperature is between 5 and 40 °C.

309 It has been noted that these criteria should be guaranteed at the interior surface and the interfaces  
 310 between the layers. This logic does not apply to the exterior surface due to its direct exposure to the  
 311 exterior environment.

312 Mold growth risk assessment is based on an empirical VTT model developed by Hukka and

313 Viitanen [55], by which a critical relative humidity ( $\varphi_{crit}$ ) can be found, defined as the minimum  
314 relative humidity at which mold growth will occur if the material is exposed for a long enough period  
315 of time.

$$316 \quad \varphi_{crit} = \begin{cases} -0.00267 \times T^3 + 0.160 \times T^2 - 3.13 \times T + 100, & T \leq 20 \text{ } ^\circ\text{C} \\ 80, & T > 20 \text{ } ^\circ\text{C} \end{cases} \quad (38)$$

317

## 318 **4. Model validation**

### 319 **4.1 Experimental set-up**

320 Fig. 4 (a) shows the experimental set-up to validate the model. The studied envelopes were placed  
321 between a climate chamber and the laboratory environment. The climate chamber provided variable  
322 temperature and relative humidity automatically. The laboratory is a small room located in a large  
323 building, so there are two building envelopes between the laboratory environment and the exterior  
324 environment, ensuring a relatively stable temperature and relative humidity in the laboratory during  
325 the experiment. In addition, due to natural convection in the laboratory, the convective heat/mass  
326 transfer coefficient between the envelope and the laboratory environment is small, ensuring little heat  
327 and moisture transfer between the two. Under these circumstances, the temperature and relative  
328 humidity variations within the envelopes were dominated by the climate chamber. Two envelope  
329 scenarios were considered, as shown in Fig. 4 (b). The baseline scenario consisted of two HC layers,  
330 with an overall dimension of  $50 \times 50 \times 14 \text{ cm}^3$ . For the integrated scenario, a PCM layer with a  
331 thickness of 2.12 cm was placed between the two HC layers, and the overall dimension was  $50 \times 50 \times$   
332  $16.12 \text{ cm}^3$ . The physical properties of the HC were the same as those shown in Table 1, and the physical

333 properties of the commercial PCM used for the experiment are presented in Table 2 [35].

334 Fig. 4 (c) and (d) depict the boundary conditions for the two scenarios. In the climate chamber,  
335 temperature and relative humidity evolved according to a sinusoidal function with time (day) as the  
336 variable:  $T = 27.5 + 12.5 \times \sin(\pi t/12)$  and  $\varphi = 60\% - 35\% \times \sin(\pi t/12)$ . The temperature  
337 and relative humidity in the laboratory environment were relatively stable with fluctuations of less  
338 than  $\pm 0.2$  °C and  $\pm 1.6\%$ , respectively. For the baseline scenario, the measurement point was at the  
339 interface of the two HCs, while for the integrated scenario, the measurement points were the middle  
340 of PCM and the second HC.

341 Several HMP-110 sensors were arranged in the climate chamber, the laboratory environment, and  
342 the HC to measure temperature and relative humidity. These sensors have a measurement range of –  
343 40 to 80 °C for temperature and 0 to 100% for relative humidity, with accuracies of  $\pm 0.2$  °C (0–40 °C)  
344 and  $\pm 1.5\%$  (0–90%), respectively. Thermocouples (type K) were used to measure the temperature in  
345 the middle of the PCM; these have a temperature measurement range of –70 to 200°C and an accuracy  
346 of  $\pm 0.1$ °C. All sensors were connected to a Keithley 2700 data acquisition system, which has an  
347 accuracy of 0.002%. In turn, the Keithley 2700 was connected to a computer to record the experimental  
348 data. The experiment was carried out for 48 h with a time step of 120 s for recording the experimental  
349 data.

350 To compare the experimental and simulation results and to ensure validation accuracy, the relative  
351 error ( $\theta$ ), root mean square error (RMSE), and coefficient of variation of the root mean square error  
352 ( $CV_{(RMSE)}$ ) were calculated:

353

$$\theta = \frac{R_e - R_s}{R_e} \times 100\% \quad (39)$$

354

$$RMSE = \sqrt{\frac{\sum_{i=1}^n (R_{e_i} - R_{s_i})^2}{n}} \quad (40)$$

355

$$CV_{(RMSE)} = \frac{RMSE}{\bar{R}_e} \times 100\% \quad (41)$$

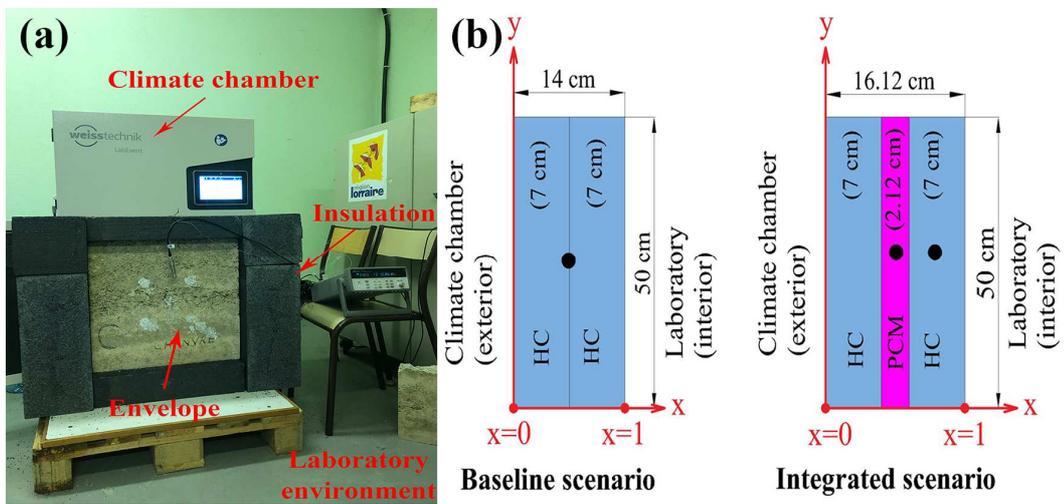
356

where  $R_e$  and  $R_s$  are the experimental and simulation results, respectively;  $n$  is the number of

357

data points;  $\bar{R}_e$  is the average value of the experimental result,  $\bar{R}_e = (\sum_{i=1}^n R_{e_i})/n$ .

358



360

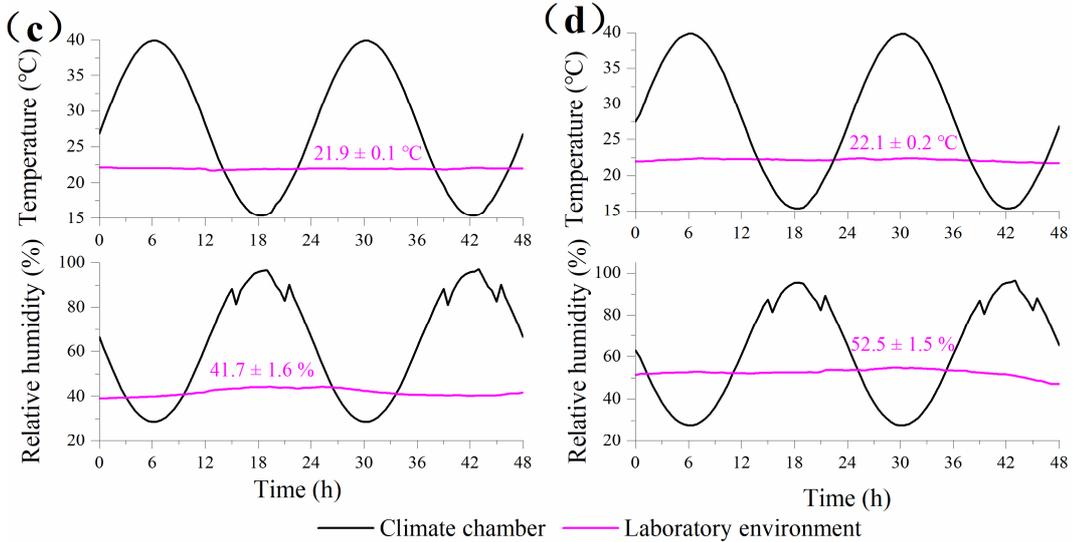


Fig. 4. Experiment for model validation: (a) experimental set-up [21], (b) two envelope scenarios; boundary

362

conditions of (c) baseline scenario and (d) integrated scenario

363

	PCM
Density (kg/m <sup>3</sup> )	810
Thermal conductivity (W/(m·K))	Solid: 0.18; liquid: 0.14
Specific heat capacity (kJ/(kg·K))	Solid: 4.0; liquid: 3.8
Latent heat (kJ/kg)	136.2
Phase transition range (°C)	10–28

364

Table 2 Physical properties of the PCM for the experiment [35]

365

## 366 4.2 Comparison between experiment and simulation

367

Fig. 5 (a) and (b) show the simulation and experimental results and their relative errors (right axis).

368

It can be seen that the simulation results are in good agreement with the experimental results in both

369

scenarios. Table 3 summarizes the average, maximum, and minimum relative errors, RMSE, and

370

CV<sub>(RMSD)</sub>. The relative humidity of the baseline scenario reaches the maximum relative error, but this

371

is only 7.5%, while the relative errors for the remaining parameters are less than 3.4%. Moreover, the

372

RMSEs of temperature and relative humidity are less than 0.6 °C and 2.2%, respectively, and all

373

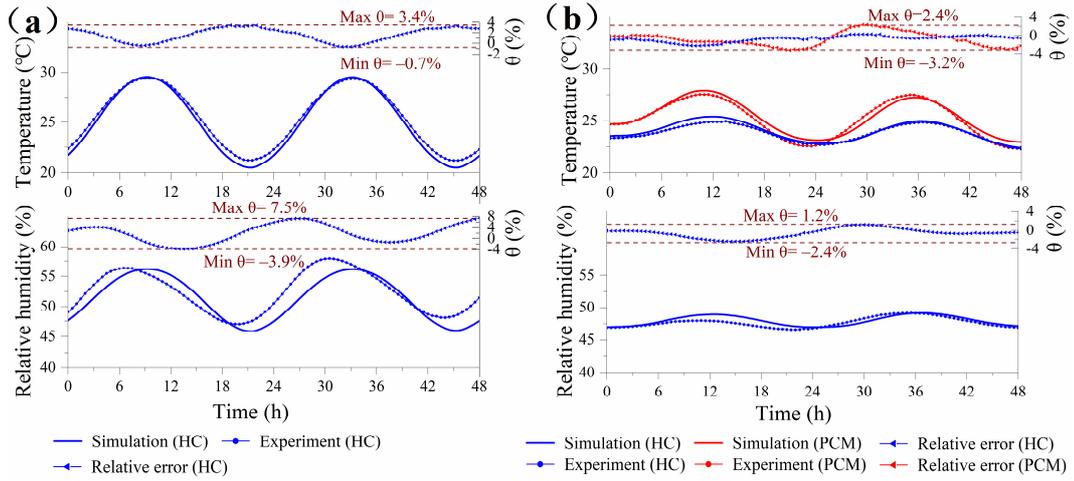
CV<sub>(RMSD)</sub>s are less than 4%. These data suggest that the model exhibits high accuracy in relation to the

374

experiment; thus, it can be considered validated and used to support further simulation studies.

375

376



377

378

Fig. 5. Comparison between the simulation and experimental results of (a) baseline scenario and (b) integrated

379

scenario

380

	Baseline scenario		Integrated scenario		
	$T_{hc}$	$\varphi_{hc}$	$T_{hc}$	$\varphi_{hc}$	$T_{pcm}$
Average $\theta$	1.6%	1.9%	-0.7%	-0.6%	-0.8%
Max $\theta$	3.4%	7.5%	0.3%	1.2%	2.4%
Min $\theta$	-0.7%	-3.9%	-2.3%	-2.4%	-3.2%
RMSE	0.5 °C	2.1%	0.2 °C	0.6%	0.4 °C
$CV_{(RMSD)}$	1.9%	3.9%	1.0%	1.2%	1.7%

381

Table 3 Summary of relative error, RMSE, and  $CV_{(RMSD)}$  for baseline and integrated scenarios

382

## 383 5. Results and discussion

384

In Section 5.1, the impact of moisture transfer on the envelope is analyzed with respect to the

385 baseline scenario. Sections 5.2 and 5.3 consider the impact of the PCM's properties and location in the  
386 envelope. In these two sections, the results of the calculations for the third year are used. The heat and  
387 moisture loads for seven representative days in summer and winter (see Fig. 3 (c) and (d)) are presented.  
388 When the figures express the evolution of the parameters over time (as in Fig. 6 (a), Fig. 7, Fig. 8 (b),  
389 etc.), the two-day evolution from a single week is presented for better observation.

390 In Section 5.4, energy and hygric performance are assessed based on the calculations for the entire  
391 third year. Section 5.5 considers the risk of condensation and mold growth based on the three-year  
392 simulation calculation.

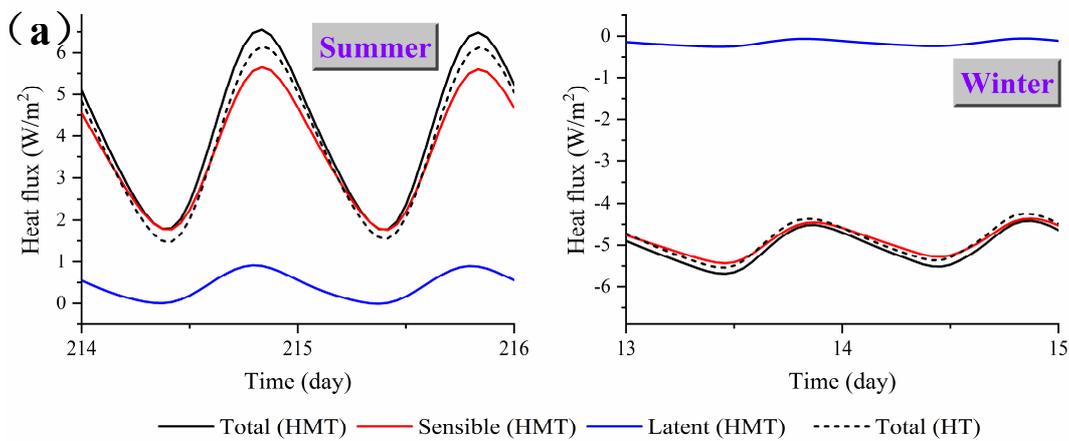
### 393 **5.1 Impact of moisture transfer on energy and hygrothermal performance**

394 To study the impact of moisture transfer, the numerical results calculated using the heat and  
395 moisture transfer (HMT) model and the heat transfer (HT) model were compared based on the baseline  
396 scenario; moreover, the relationships among several main parameters of heat and moisture transfer  
397 were analyzed. The HMT model considered the heat and moisture transfer in the HC and heat transfer  
398 in the PCM. The HT model considered only heat transfer in the HC and the PCM, and the  
399 thermophysical parameters of the HC were the constant terms shown in Table 1.

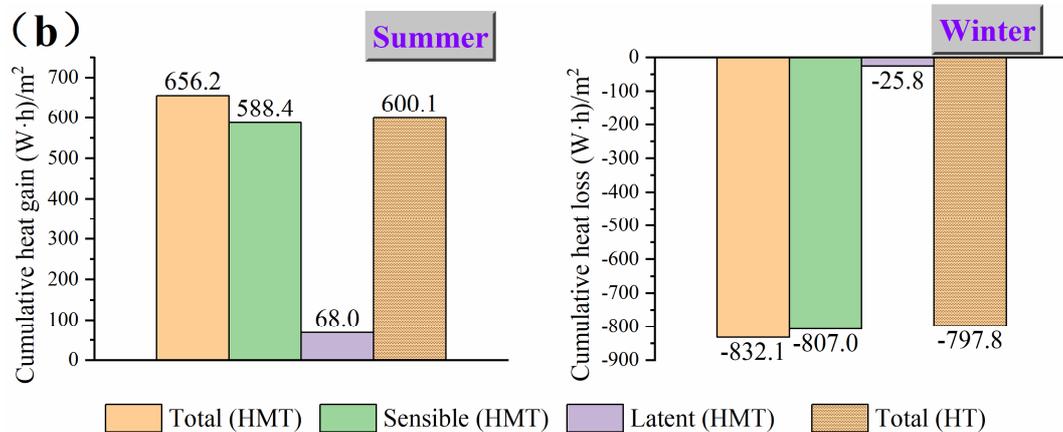
400 Fig. 6 (a) presents the heat fluxes of the HMT and HT models in summer and winter, and their  
401 corresponding loads are plotted in Fig. 6 (b). By focusing on sensible heat in the HMT model and total  
402 heat in the HT model, it can be seen that their variations and values are similar. The slight difference  
403 between these is caused by the thermophysical parameters of HC: The thermal conductivity and heat  
404 capacity of HC are higher in the HMT model due to the consideration of moisture. In addition, these

405 values are both lower than the total heat flux in the HMT model. The latent heat flux in the HMT model  
 406 is small and fluctuates around the x-axis ( $0 \text{ W/m}^2$ ). As for the heat loads, the total heat load in the HT  
 407 model is less than that in the HMT model for both seasons, indicating that the total heat load was  
 408 underestimated without considering moisture transfer. Further, since the sensible heat in the HMT  
 409 model is close to the total heat in the HT model, and the total heat is the superposition of the sensible  
 410 and latent heats in the HMT model, it can be inferred that the latent heat load is the main reason for  
 411 the total heat load difference between the two models. Based on the calculations, the latent heats are  
 412 10.4% and 3.1% of the total heat load in summer and winter, respectively, showing that the impact of  
 413 latent heat on the total heat is greater in summer.

414



415



416

417 Fig. 6. Comparison between HMT and HT models: (a) heat fluxes; (b) heat loads

418

419 Fig. 7 illustrates the transformation between moisture transfer and latent heat transfer by analyzing  
420 the relationship between partial water vapor pressure, moisture flux, and latent heat flux. The driving  
421 force for moisture transfer between the envelope surface and the interior is the concentration difference  
422 in partial water vapor pressure, and the partial water vapor pressure on the interior surface is jointly  
423 affected by temperature and relative humidity, with temperature playing the dominant role. On the one  
424 hand, the partial water vapor pressure variation is highly consistent with temperature variation,  
425 indicating the dominant role of temperature. On the other hand, a slight time delay (1.6 and 1.7 h in  
426 summer and winter, respectively) is observed between changes in partial water vapor pressure and  
427 changes in temperature, suggesting a weak effect of relative humidity on partial water vapor pressure.

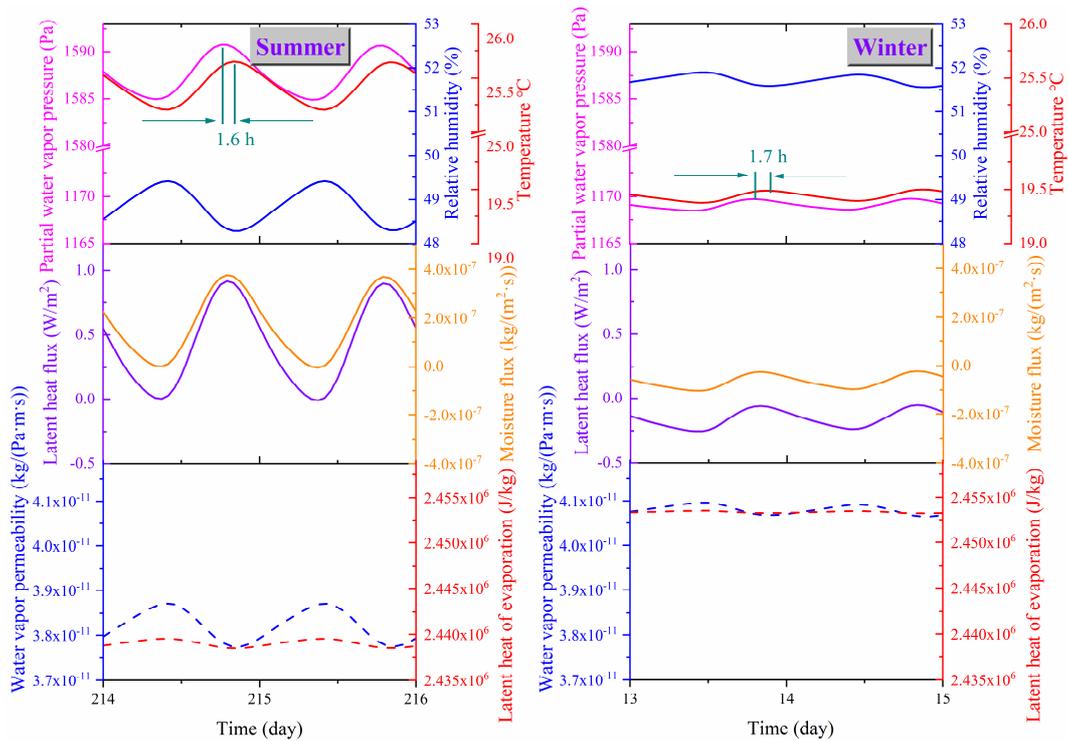
428 Concerning partial water vapor pressure, moisture flux, and latent heat flux, they show similar  
429 variation trends. The conversion factors between the partial water vapor pressure gradient and moisture  
430 flux and between the moisture flux gradient and latent heat flux are water vapor permeability (a  
431 function of relative humidity) and latent heat of evaporation (a function of temperature), respectively.  
432 In summer, the water vapor permeability fluctuates from  $3.8 \times 10^{-11}$  to  $3.9 \times 10^{-11}$  kg/(Pa·m·s) and  
433 the latent heat of evaporation fluctuates from  $2.438 \times 10^6$  to  $2.440 \times 10^6$  J/kg, while in winter, they  
434 fluctuate even less. Since the orders of magnitude of water vapor permeability and latent heat of  
435 evaporation are lower than those of the partial water vapor pressure gradient and the moisture flux  
436 gradient, respectively, they can be regarded as constant, which explains the similar variation trends  
437 between partial water vapor pressure, moisture flux, and latent heat flux. Thus, the moisture flux/load

438 is highly correlated with the latent heat flux/load, and both are mainly dominated by temperature.

439 To sum up, moisture transfer is crucial since it correlates with the indoor moisture environment

440 and significantly affects the latent/total heat and, thus, the energy performance.

441



442

443 Fig. 7. Relationship between temperature, relative humidity, partial water vapor pressure, moisture flux, and latent

444

heat flux

445

## 446 5.2 Impact of PCM and its location on energy and hygrothermal performance

447 Fig. 8 (a) shows the cumulative heat load and moisture load in summer and winter for the five

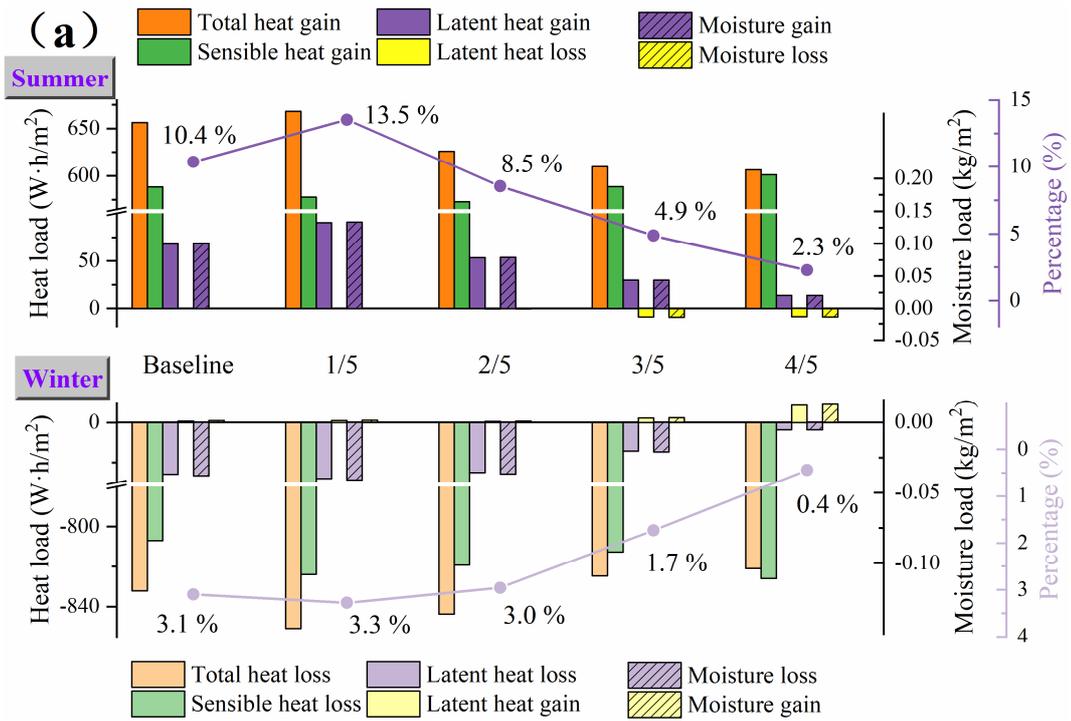
448 scenarios. For the integrated scenarios, the total heat gain decreases with the movement of the PCM

449 toward the interior, and its values are mostly lower than that of the baseline scenario. Fig. 8 (c)

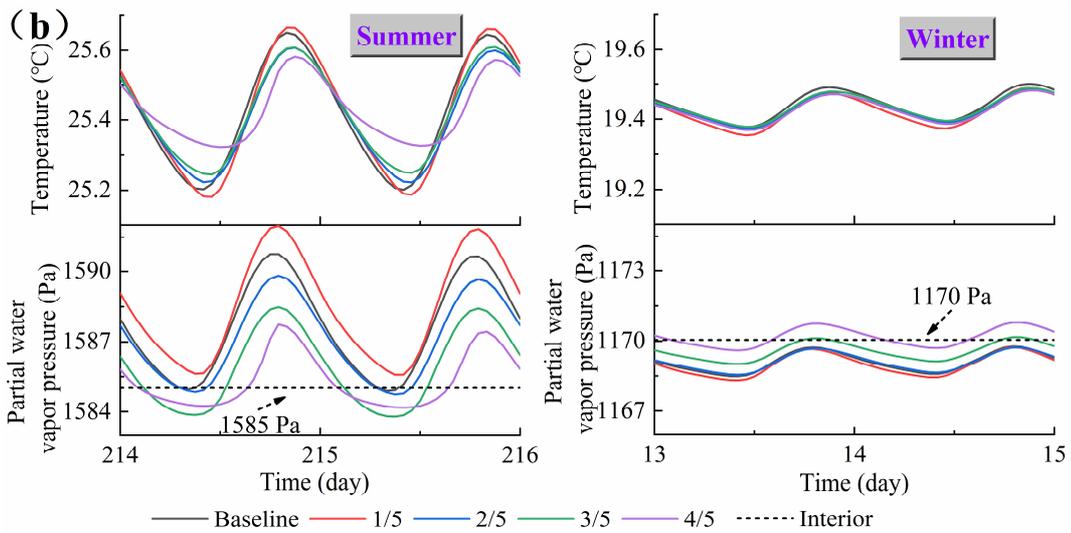
450 summarizes the heat load reductions of the integrated scenarios compared to the baseline scenario. In  
451 summer, the total heat gain is reduced for all integrated scenarios except scenario 1/5, since the PCM  
452 placed on the outermost layer absorbs/releases more energy than does the HC. The heat load reductions  
453 for scenarios 2/5, 3/5, and 4/5 are 3.6%, 6.6%, and 8.2%, respectively. In winter, the heat load is less  
454 affected by the PCM, with a reduction of less than 1.5%. Notably, as illustrated in Fig. 8 (a), scenario  
455 4/5 has the largest sensible heat load but the smallest total heat load in both seasons. Moreover, the  
456 latent heat difference among the scenarios is higher than the sensible heat difference: The maximum  
457 difference among the latent heat loads is about 3.6 and 1.3 times that for sensible heat loads in summer  
458 and winter, respectively. This indicates that the latent heat loads play a crucial role in determining the  
459 magnitude of the total heat loads in different scenarios; as the PCM moves toward the interior, the  
460 latent heat and its percentage (ratio of latent heat load to total heat load; right axis) decrease. The latent  
461 heat percentages for scenario 4/5 (2.3% in summer and 0.4% in winter) are much smaller than those  
462 for scenario 1/5 (13.5% in summer and 3.3% in winter).

463 The moisture loads are highly consistent with the latent heat loads. For the integrated scenarios,  
464 the closer the PCM is to the interior, the lower the moisture gain in summer and the lower the moisture  
465 loss in winter. Further, the difference between the moisture gain and moisture loss decreases as the  
466 PCM moves closer to the interior, which is favorable in terms of the moisture equilibrium within the  
467 HC.

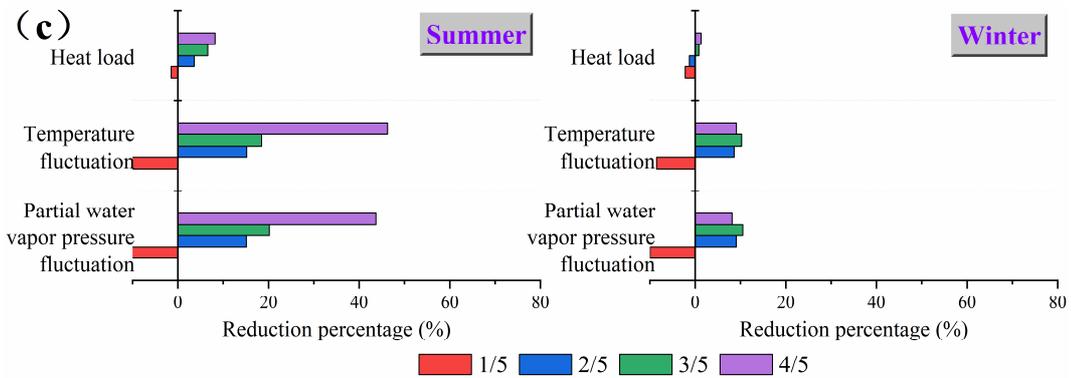
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470



471

472

Fig. 8. Impact of PCM presence and location: (a) cumulative heat load and moisture load; (b) variation of

473 temperature and partial water vapor pressure; (c) reduction of heat load, temperature fluctuation, and partial water vapor  
474 pressure fluctuation compared to baseline scenario

475

476 Fig. 8 (b) shows the variations of temperature and partial water vapor pressure and explains the  
477 different moisture and latent heat loads among the scenarios. First, the temperature and partial water  
478 vapor pressure amplitudes decrease with the presence of the PCM, except in scenario 1/5; these also  
479 decrease as the PCM moves closer to the interior, especially in summer. Fig. 8 (c) shows the  
480 temperature and partial water vapor pressure amplitude reductions compared to the baseline scenario.  
481 In summer, the temperature fluctuations in scenarios 2/5, 3/5, and 4/5 are reduced by 15.2%, 18.5%,  
482 and 46.3%, respectively, and the partial water vapor pressure fluctuations are reduced by 15.1%, 20.2%,  
483 and 43.7%, respectively. In winter, the corresponding reductions in scenarios 2/5, 3/5, and 4/5 are small  
484 and similar, with a mean reduction of 9.3%. Hence, scenarios 2/5, 3/5, and 4/5 can reduce indoor  
485 temperature and relative humidity fluctuations to improve thermal and hygric comfort, especially in  
486 summer.

487 Furthermore, the partial water vapor pressure moves gradually toward the reference line (interior)  
488 from scenario 1/5 to scenario 4/5, meaning that their values gradually decrease in summer and increase  
489 in winter. In particular, the curves for scenarios 3/5 and 4/5 move to such a situation that they fluctuate  
490 repeatedly around the reference line, especially for scenario 4/5. As explained previously, the moisture  
491 flux and latent heat flux between the envelope and the interior environment are affected by partial  
492 water vapor pressure. Therefore, with the movement of the PCM closer to the interior, the moisture  
493 and latent heat loads' gains in summer and losses in winter gradually decrease.

494 In sum, among the scenarios, scenario 4/5 shows the greatest advantage in terms of improving  
495 indoor hygrothermal comfort and saving energy.

496

### 497 **5.3 Impact of PCM properties on energy and hygrothermal performance**

498 In this section, the impact of PCM thickness, latent heat, and phase transition range on energy and  
499 hygrothermal performance is investigated based on scenario 4/5. The physical properties of the base  
500 PCM are a thickness of 0.01m, a latent heat of 90.4 kJ/(kg·K), and a phase transition range of 24–  
501 28 °C. When the impact of one of these parameters is studied, the remaining two parameters remain  
502 unchanged. The main metric parameters concerned are the total heat load, temperature, and partial  
503 water vapor pressure fluctuations, as well as their reductions compared to the baseline scenario.

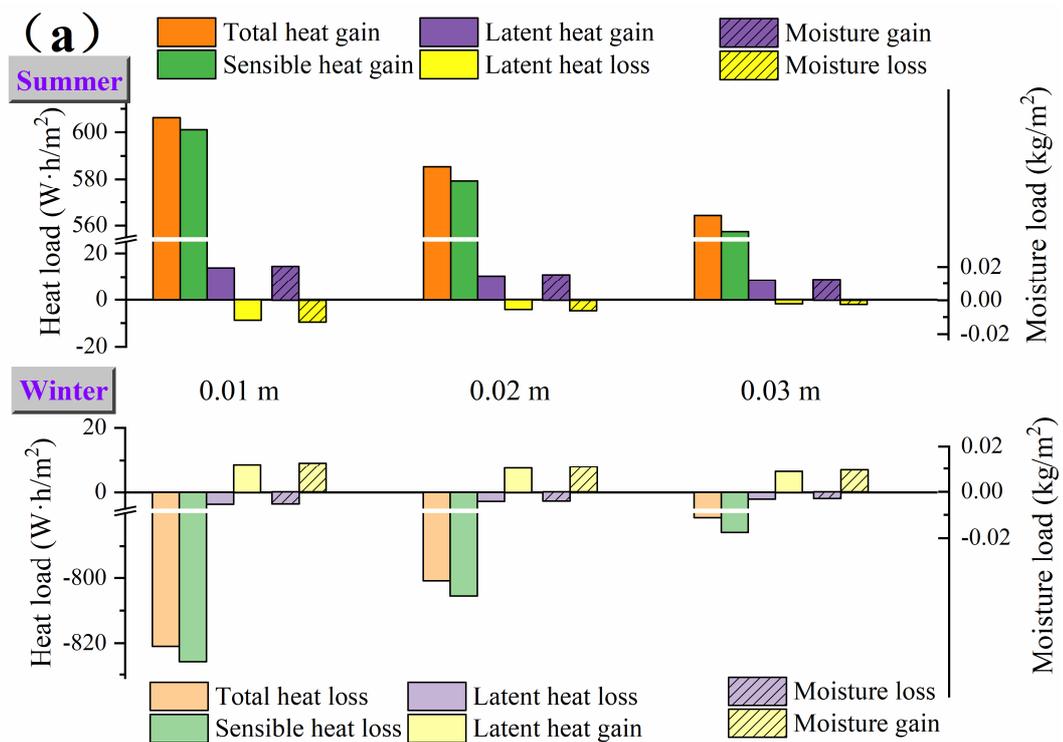
#### 504 **5.3.1 Impact of PCM thickness**

505 Fig. 9 (a) shows the heat and moisture loads for different PCM thicknesses (0.01, 0.02, and 0.03  
506 m). Fig. 9 (b) shows the variations of temperature and partial water vapor pressure. With the increase  
507 in PCM thickness, the total heat/moisture load, temperature fluctuation, and partial water vapor  
508 pressure fluctuations all decrease, especially in summer. This is because the increase in PCM thickness  
509 enhances the heat storage capacity and thermal resistance of the envelope, and the thermal storage  
510 capacity enhancement is greater in summer.

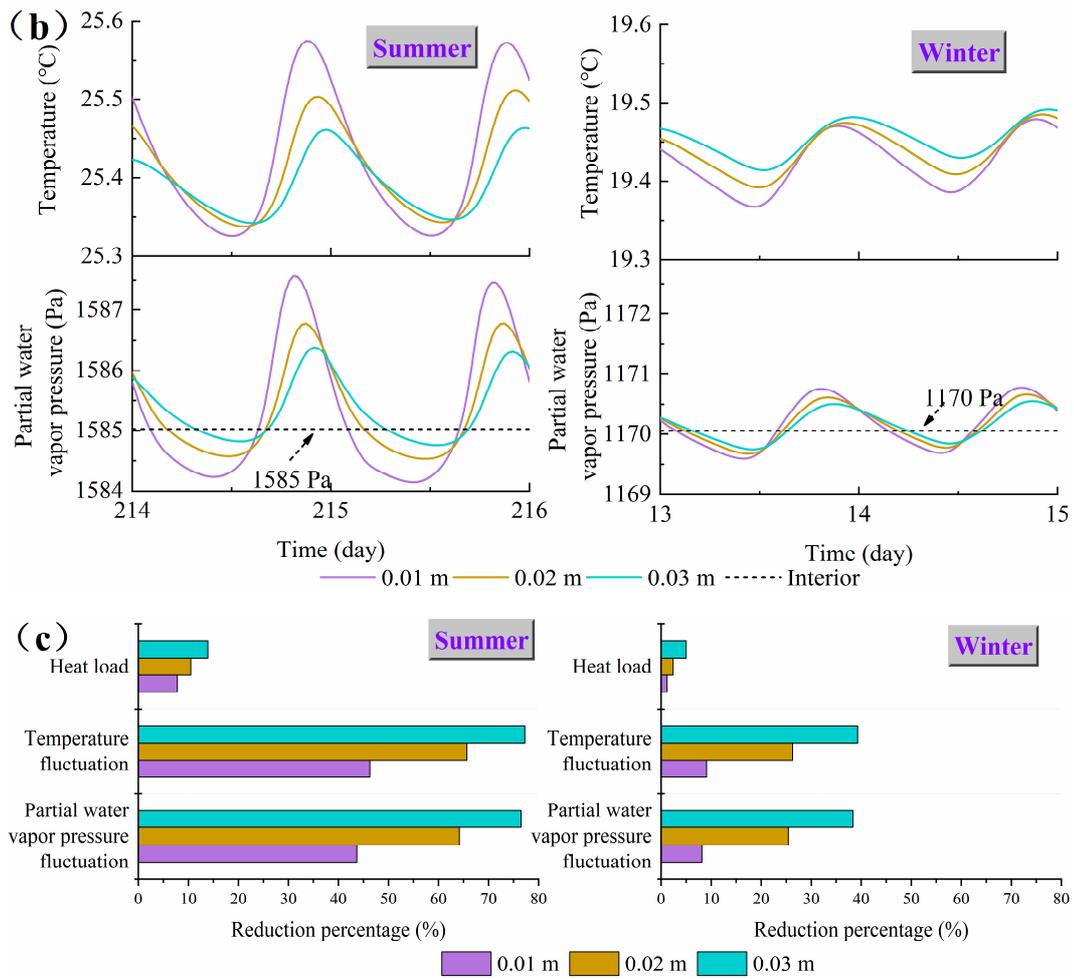
511 Fig. 9 (c) shows the percentage reduction in heat load and partial water vapor pressure/temperature  
512 fluctuations for PCM thicknesses of 0.01, 0.02, and 0.03 m, compared to the baseline scenario. It can  
513 be observed that a thicker PCM is more conducive to improving energy and hygrothermal performance,  
514 especially in summer. In summer, the heat loads of 0.01, 0.02, and 0.03 m are reduced by 7.8%, 10.5%,

515 and 13.9%, respectively, and the partial water vapor pressure/temperature fluctuations are reduced by  
 516 more than 43.6%, 64.2%, and 76.5%, respectively. In winter, the reductions are 1.2%, 2.4%, and 5.0%  
 517 for heat load and approximately 8.6%, 25.8%, and 38.8% for the partial water vapor  
 518 pressure/temperature fluctuations. Although the reductions are smaller in winter than in summer, they  
 519 still contribute to energy savings and the stability of indoor temperature and relative humidity. Hence,  
 520 the energy and hygrothermal performance of the integrated envelope can be optimized by increasing  
 521 PCM thickness, especially in summer.

522



523



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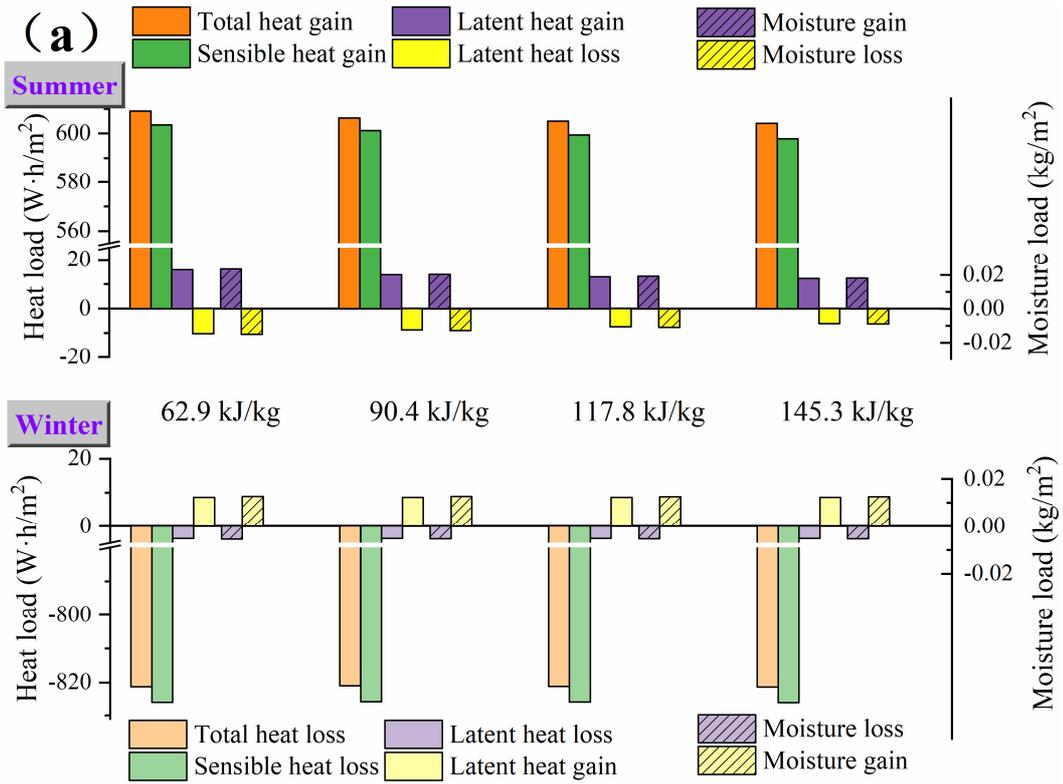
### 530 5.3.2 Impact of PCM latent heat

531 The impact of PCM latent heat (62.9, 90.4, 117.8, and 145.3 kJ/kg) on heat and moisture load is  
 532 shown in Fig. 10 (a). In summer, both the heat and moisture loads decrease with the increase in latent  
 533 heat. As presented in Fig. 10 (c), the heat load reductions for 62.9, 90.4, 117.8, and 145.3 kJ/kg are  
 534 7.1%, 7.5%, 7.7%, and 8.0%, respectively, compared to the baseline. However, in winter, the heat loads

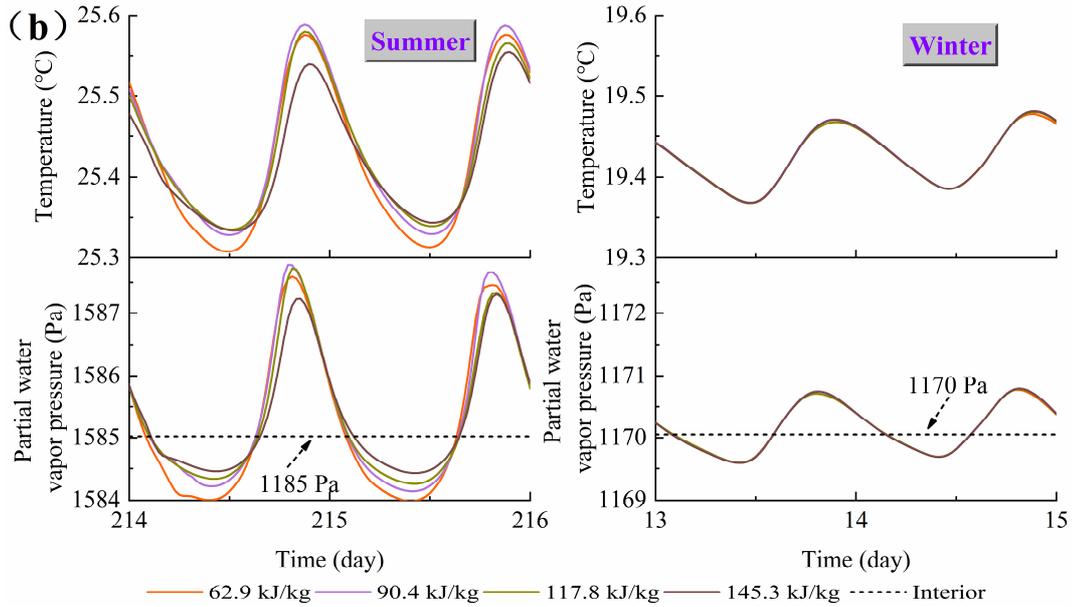
535 are less affected by the PCM latent heat load, with almost identical reductions of less than 1.5%. This  
536 is because the PCM with a phase transition range of 24–28 °C is in a solid state and thus not activated  
537 in winter.

538 Fig. 10 (b) presents the variations of temperature and partial water vapor pressure. In summer, a  
539 clear difference can be observed: The temperature and partial water vapor pressure amplitudes decrease  
540 with the increase in PCM latent heat. Compared to the baseline scenario, the temperature amplitudes  
541 of 62.9, 90.4, 117.8, and 145.3 kJ/kg are reduced by 40.3%, 46.3%, 51.2%, and 57.2%, respectively,  
542 and the partial water vapor pressure amplitudes are reduced by 38.3%, 43.7%, 48.4%, and 55.2%,  
543 respectively (see Fig. 10 (c)). However, in winter, the temperature and partial water vapor pressure  
544 curves for the different PCM latent heats almost overlap and the reductions are similar, reflecting the  
545 negligible effect of latent heat on hygrothermal performance. Hence, increasing PCM latent heat to  
546 optimize envelope performance is more likely to be suggested in summer.

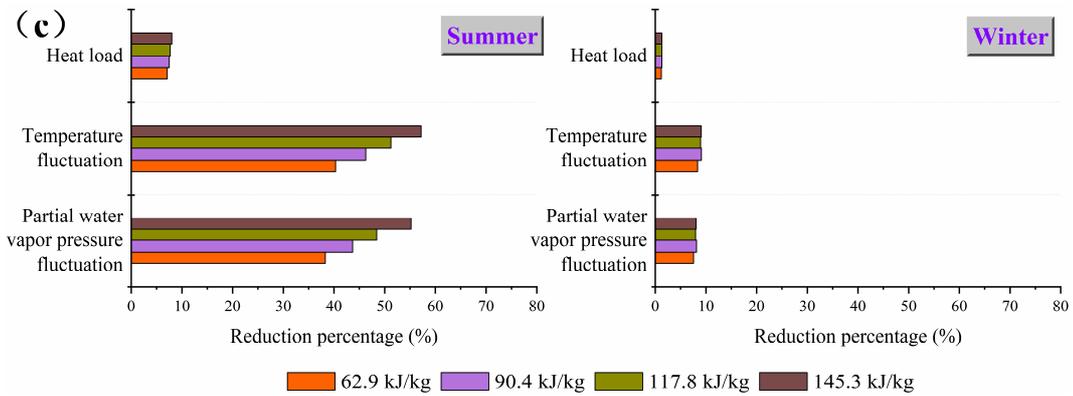
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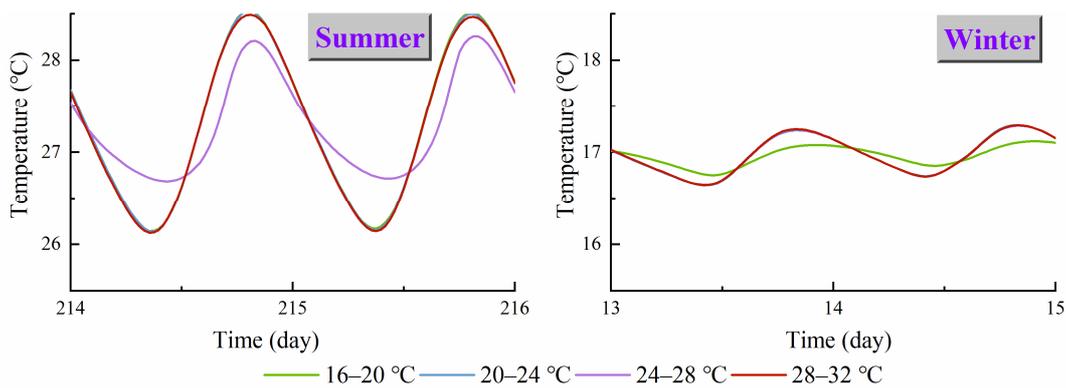
551 Fig. 10. Impact of PCM latent heat: (a) cumulative heat load and moisture load; (b) variation of temperature and  
552 partial water vapor pressure; (c) reduction of heat load, temperature fluctuation, and partial water vapor pressure  
553 fluctuation compared to baseline scenario

554

### 555 5.3.3 Impact of PCM phase transition range

556 In this subsection, the impact of the PCM phase transition range is studied; the different ranges  
557 are 16–20, 20–24, 24–28, and 28–32 °C. Fig. 11 shows the middle temperature of PCM for these phase  
558 transition ranges. The PCM temperatures for the phase transition ranges of 24–28 °C in summer and  
559 16–20 °C in winter differ significantly from the temperatures for the remaining phase transition ranges,  
560 which are characterized by fewer temperature fluctuations since their PCMs are undergoing a phase  
561 change process. In contrast, the PCMs in the remaining phase transition ranges are mostly in the solid  
562 or liquid state, which does not take full advantage of the PCM.

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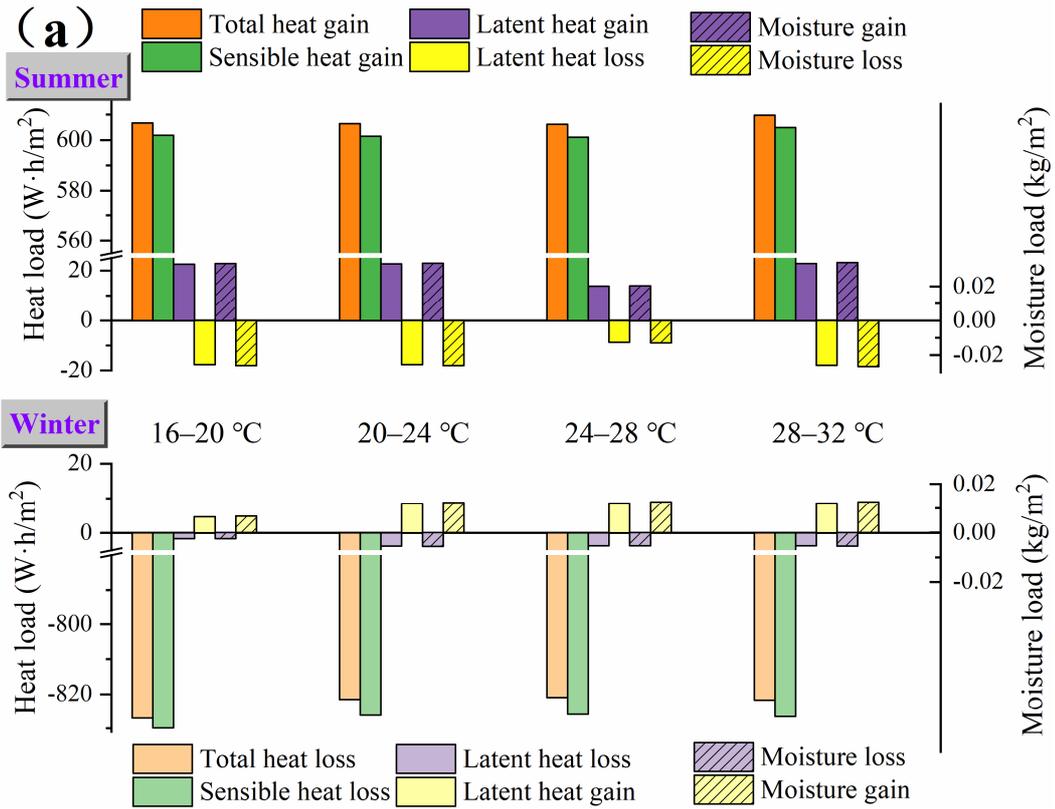


565 Fig. 11. Middle temperature of PCMs for different PCM phase transition ranges

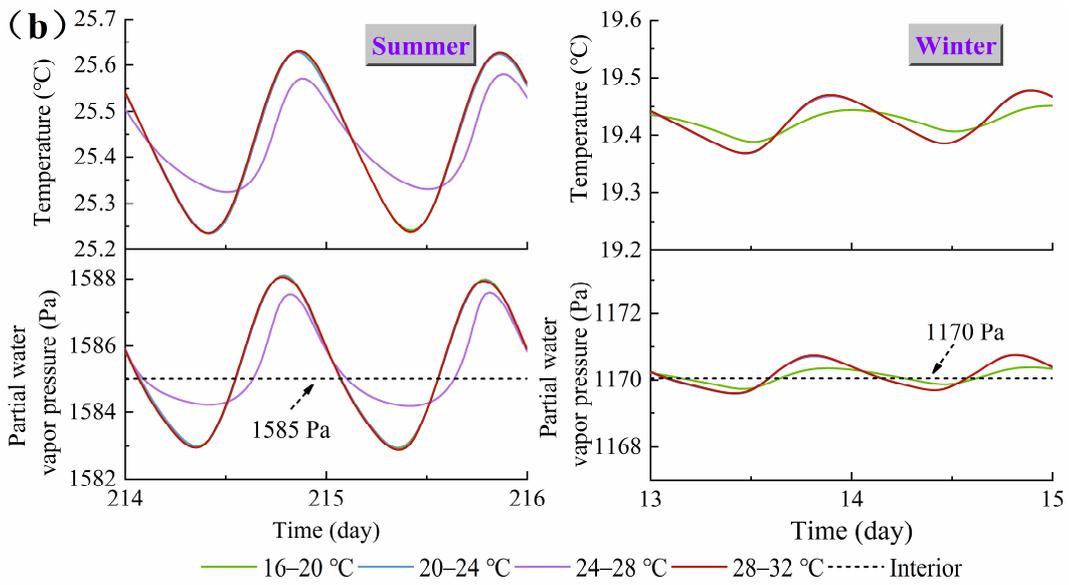
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567 Fig. 12 (a) depicts the heat and moisture loads. In summer, the smallest total heat gain occurs in  
568 the 24–28 °C phase transition range. Inversely, the largest heat loss corresponds to the 16–20 °C phase  
569 transition range in winter, as the innermost PCM layer easily absorbs energy from the high temperature  
570 side (interior). Fig. 12 (c) summarizes the total heat load reduction compared to the baseline scenario.  
571 The reductions for 16–20, 20–24, 24–28, and 28–32 °C are 7.5%, 7.6%, 7.7%, and 7.1%, respectively,  
572 in summer and 0.6%, 1.3%, 1.3%, and 1.3%, respectively, in winter. Thus, the 24–28 °C phase  
573 transition range in summer contributes to energy savings. As for the improvement of hygrothermal  
574 performance, the phase transition ranges of 24–28 °C in summer and 16–20 °C in winter both make  
575 contributions. In Fig. 12 (b), the corresponding temperature and partial water vapor pressure  
576 fluctuations are reduced in both seasons. Compared to the baseline scenario, the temperature and  
577 partial water vapor pressure amplitude reductions are 46.2% and 43.7% for the 24–28 °C phase  
578 transition range in summer, almost three times the reductions for the remaining phase transition ranges.  
579 Similarly, the temperature and partial water vapor pressure amplitude reductions are as high as 55.8%  
580 and 55.9% for the 16–20 °C phase transition range in winter (see Fig. 12 (c)). Therefore, when the  
581 phase transition range ensures that the PCM undergoes a phase change, indoor hygrothermal comfort  
582 can be improved in both seasons and energy savings can be achieved in summer.

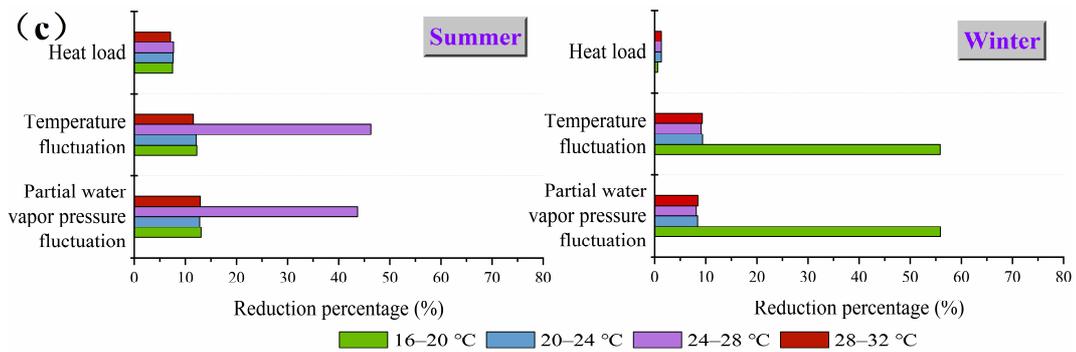
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Fig. 12. Impact of PCM phase transition range: (a) cumulative heat load and moisture load; (b) variation of

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temperature and partial water vapor pressure; (c) reduction of heat load, temperature fluctuation, and partial water vapor

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pressure fluctuation compared to baseline scenario

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592

Several prior studies have reported similar results in terms of PCM location [10, 56, 57], thickness

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[11], latent heat [12, 13], and phase transition range [58, 59]. However, these studies focused only on

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the heat transfer and thermal performance (sensible heat load) of the envelope. In this study, due to the

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presence of hygroscopic HC, the latent heat load caused by moisture transfer increases the complexity

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of the total heat load. This phenomenon is more pronounced when studying the impact of PCM location.

597

If only the sensible heat load is considered, the scenarios with the smallest heat gain in summer and

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the smallest heat loss in winter are 2/5 and 3/5, respectively, either of which would undoubtedly be the

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wrong choice. When considering the effect of latent heat load, the optimal PCM location moves to the

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interior in both seasons because of the decreasing latent heat percentage. The effect of latent heat load

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discussed in Section 5.3 is smaller because the study is based on scenario 4/5, in which the latent heat

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load accounts for only 2.3% and 0.4% of the total heat load in summer and winter, respectively. If the

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studies are conducted based on scenarios with the PCM away from the interior, it can be inferred that

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the latent heat load still plays an important role in the energy performance results. Therefore, when

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evaluating the energy performance of an envelope that can transfer moisture with the interior

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environment, the superposition effect of the sensible and latent heat loads, rather than just sensible heat

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loads, needs to be considered.

608

#### 609 **5.4 Assessment of energy and hygric performance**

610 Fig. 13 shows the annual heat loads of the HMT and HT models. For the HMT model, the heat  
611 loads for the integrated scenarios decrease as the PCM moves closer to the interior. Most of these are  
612 lower than the heat loads for the baseline, and the reduction of heat gain is more obvious than the  
613 reduction of heat loss. Scenario 4/5 has the smallest heat gain and loss, and the reduction of heat gain  
614 is 13.3% compared to the baseline, which is much higher than the heat loss reduction of only 0.5%.  
615 Hence, PCMs are more capable of reducing heat gain, and the closer the PCM to the interior, the more  
616 the heat gain reduction.

617 Concerning the difference between the HMT and HT models, the heat gains and losses are always  
618 higher in the HMT model than in the HT model due to moisture transfer. Thus, failing to consider  
619 moisture transfer leads to an underestimation of the annual heat load, which is reflected by the heat  
620 load reduction percentage in the HT model (right axis) compared to the HMT model. The heat gain  
621 underestimation for the baseline scenario is as high as 12.1%. For the integrated scenarios, the  
622 underestimation decreases as the PCM moves toward the interior, with the lowest underestimation  
623 being 2.6% for scenario 4/5. For heat loss, the underestimations are all below 5%.

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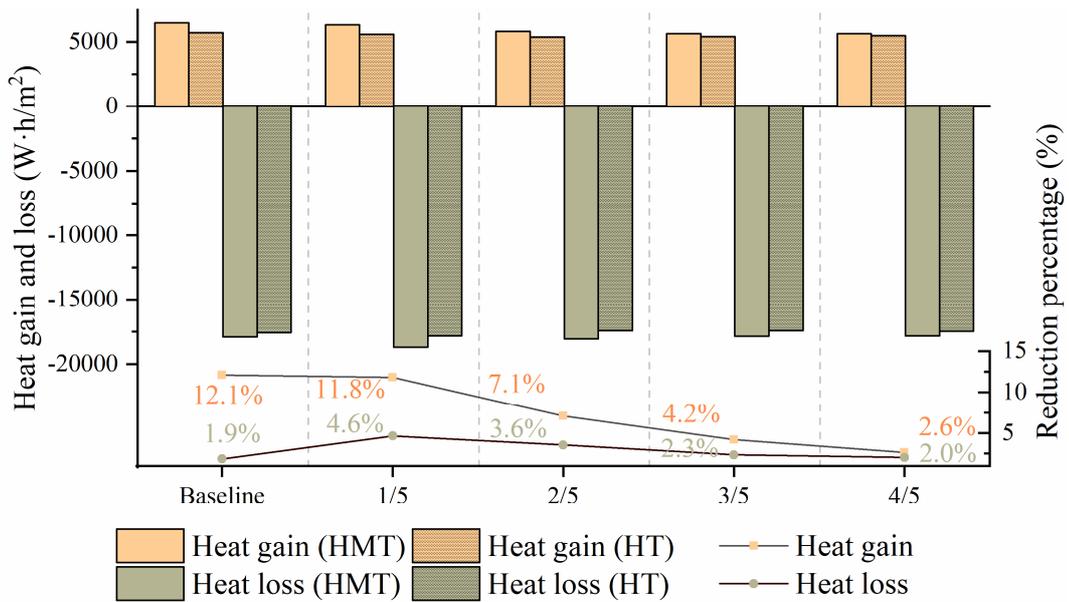


Fig. 13. Annual heat gain and loss for HMT and HT models

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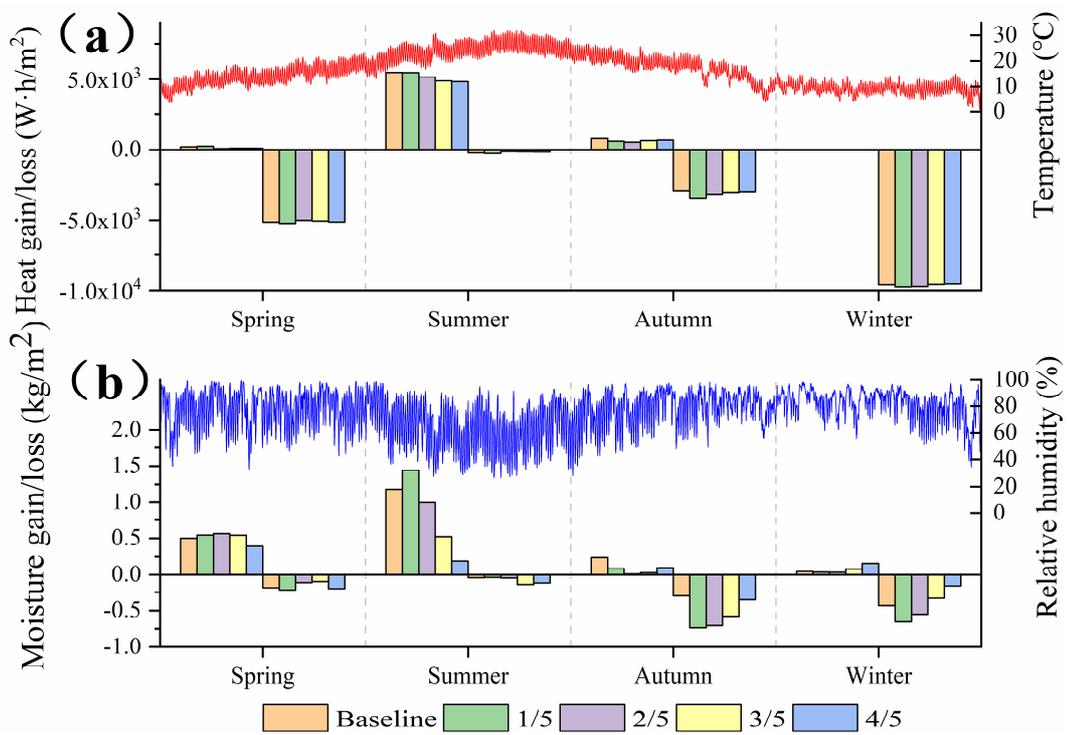
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Fig. 14 (a) and (b) present the annual heat and moisture loads expressed in a seasonal format. For the heat load, scenario 4/5 is noteworthy in almost every season. In summer, this scenario has the smallest heat gain and the largest energy savings (11.5%) compared to the baseline scenario. Similarly, it also reduces heat loss in winter, but the reduction is less pronounced than in summer, with less than a 1% energy savings compared to the baseline scenario. In spring and autumn when heat loss is predominant, scenario 4/5 also slightly reduces heat loss.

Moisture performance is assessed from two aspects. First, the climate relative humidity is moderate in summer (average relative humidity of 63.9%) and high in spring, autumn, and winter (average relative humidities of 77.9%, 78.9%, and 81.5%, respectively). Hence, an ideal situation for the interior would involve less moisture gain in summer and more moisture loss in spring, autumn, and winter. From this point of view, scenario 4/5 is the optimum scenario. Second, the moisture content within the HC in contact with the interior needs to be well equilibrated, which requires a slight

640 difference between moisture gain and loss. The baseline scenario and scenarios 1/5 and 2/5 have almost  
 641 no moisture loss in summer and almost no moisture gain in winter. Similarly, scenarios 2/5 and 3/5  
 642 have almost no moisture gain in autumn. In contrast, scenario 4/5 better meets this requirement in all  
 643 seasons as it has both moisture gain and loss, and the difference between moisture gain and loss is  
 644 smaller than in the other scenarios.

645



646

647

Fig. 14. Annual comparison for different scenarios of (a) heat load and (b) moisture load

648

### 649 5.5 Assessment of condensation and mold growth risk

650 PCM is a moisture impermeable material and seems to cause high relative humidity in localized  
 651 locations of the integrated scenarios. This section covers the three-year simulation conducted to assess  
 652 the relative humidity and temperature behaviors at different locations for the different scenarios to

653 assess the risk of condensation and mold growth.

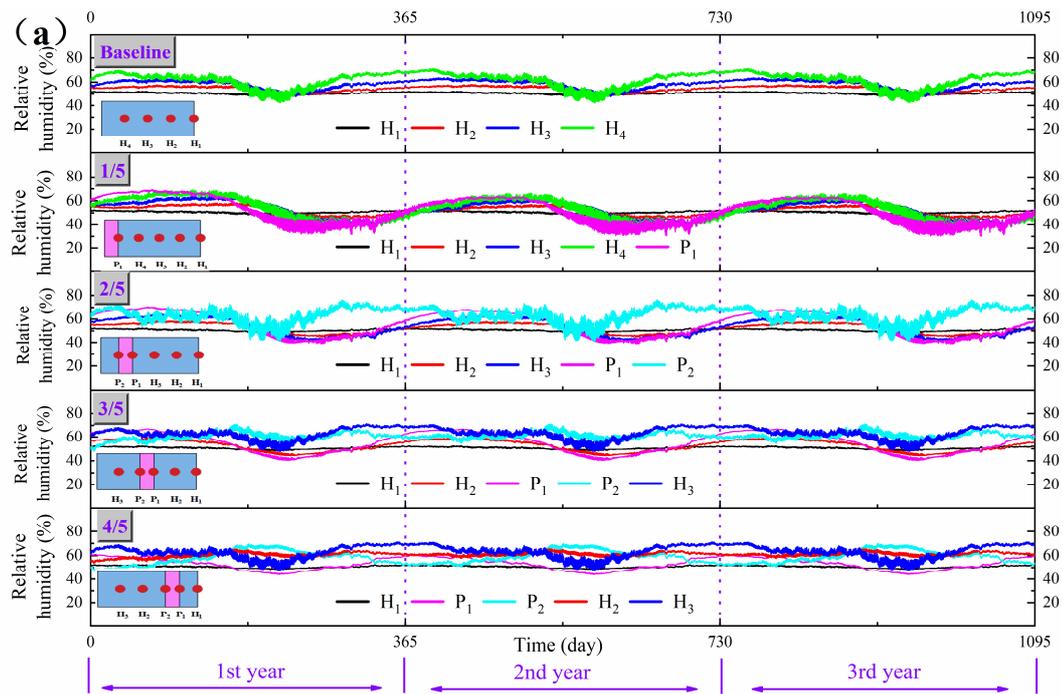
654 Fig. 15 (a) shows the relative humidity variation during the three years. Generally, the relative  
655 humidity at each location under different scenarios shows periodic variation with a one-year cycle,  
656 fixing the relative humidity within a certain range year after year. Taking location P<sub>1</sub> in scenario 4/5 as  
657 an example, its relative humidity increases starting in autumn and reaches its highest values in winter,  
658 and then it decreases in spring and drops to its lowest values in summer, with an overall relative  
659 humidity range of 44.0% to 60.9%. Concerning the locations of each scenario, location H<sub>1</sub> (interior  
660 surface) in each scenario has the most stable relative humidity throughout the year. Conversely, the  
661 locations close to the exterior (such as location H<sub>4</sub> in the baseline scenario, location P<sub>1</sub> in scenario 1/5,  
662 etc.) are more likely to experience a large relative humidity fluctuation both yearly and daily. Because  
663 the relative humidity variation within the HC is highly affected by temperature, an increase/decrease  
664 in temperature leads to the evaporation/condensation of moisture within the HC, which  
665 increases/decreases the relative humidity. Thus, the locations with high temperature fluctuations  
666 always have high relative humidity fluctuations, both daily and annually. For these scenarios, the  
667 maximal relative humidity is always below 75% at each location. Therefore, criteria a, b, and c in  
668 ASHRAE Standard 160-2009 are confirmed.

669 Fig. 15 (b) presents the point group of temperature and relative humidity on a three-year scale to  
670 assess the risk of mold growth. A visually expansive range of temperatures and relative humidities can  
671 also be observed at locations close to the exterior of each scenario, especially scenario 1/5. Location  
672 P<sub>2</sub> in scenario 2/5 has the highest mold growth risk with a relative humidity slightly below the  $\varphi_{crit}$ .  
673 Scenario 4/5 remains particularly far from the  $\varphi_{crit}$  with the smallest temperature and relative

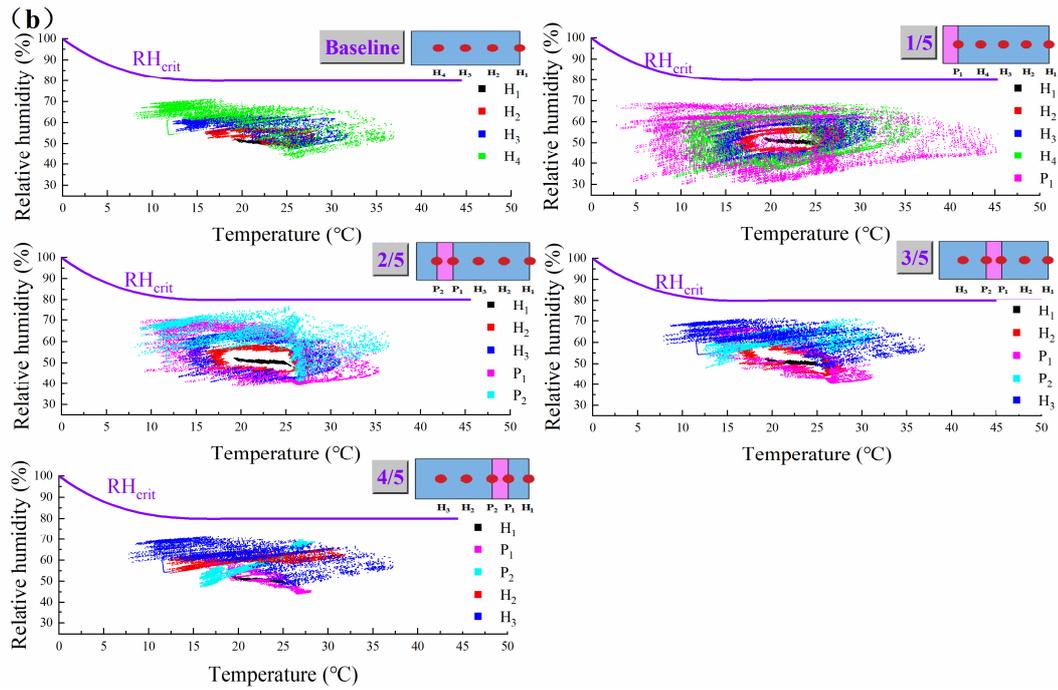
674 humidity variations, indicating the smallest risk of mold growth. Thus, the integrated scenarios ensure  
675 that the relative humidity is always below  $\varphi_{crit}$ .

676 Consequently, considering the periodic variations, a low risk of condensation and mold growth  
677 can be guaranteed for a long time.

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Fig. 15. Assessment of condensation and mold growth risk at various locations for different scenarios: (a) relative

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humidity variation; (b) temperature and relative humidity variations

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## 684 6. Conclusion

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In this study, PCM and bio-based concrete (i.e., HC) were integrated into a passive multilayer

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envelope. Four scenarios of the integrated envelope were proposed and compared to the baseline

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scenario. A simulation approach was used to study the energy and hygrothermal performance of the

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integrated envelope in Rome, Italy. The key findings and conclusions of the study are presented below.

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The high coupling between moisture and heat transfer in the HC affects the energy and

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hygrothermal performance of the integrated envelope. On the one hand, temperature dominates the

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partial water vapor pressure and affects the variation of moisture flux/load, which affects the indoor

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thermal and hygric environment. On the other hand, moisture transfer is important for energy

693 performance since the moisture load affects the latent heat load and thus the total heat load. Neglecting  
694 moisture transfer leads to an underestimation of annual heat load by 2.6% to 12.1% and of annual heat  
695 loss by 1.9% to 4.6%.

696 The energy and hygrothermal performance of the envelope can be optimized by changing the PCM  
697 location and properties. As the PCM moves toward the interior, the energy and hygrothermal  
698 performance improve. Thus, it is recommended to place the PCM close to the interior as the total heat  
699 load, temperature amplitude, and partial water vapor pressure amplitude are reduced by 8.2%, 46.3%,  
700 and 43.7%, respectively, in summer and 1.3%, 9.1%, and 8.2%, respectively, in winter, compared to  
701 the baseline scenario. Based on scenario 4/5, the reduction of heat load and of fluctuations in  
702 temperature and partial water vapor pressure are facilitated by increasing the thickness and latent heat  
703 as well as identifying the appropriate phase transition range (24–28 °C in summer and 16–20 °C in  
704 winter).

705 From a year-round perspective, the PCM reduces the heat gain in most scenarios compared to the  
706 baseline scenario, especially scenario 4/5, which showed the biggest annual heat gain reduction, 13.3%.  
707 In contrast, the PCM hardly affects annual heat loss. Moreover, scenario 4/5 is noteworthy in every  
708 season, as it saves energy and demonstrates adaptability in dealing with climatic relative humidity  
709 while guaranteeing moisture equilibrium within the HC.

710 The integrated envelope is free from the risk of condensation and mold growth. During the three-  
711 year assessment, the relative humidity at each location in each scenario showed a periodic variation  
712 with a one-year cycle and never exceeded 75%.

713 Overall, this work confirms the ability of the integrated envelope to improve the energy and

714 hygrothermal performance of buildings and provides optimization strategies. The current work is a  
715 start, and future research aims to explore the economic feasibility of the integrated envelope by  
716 conducting an economic analysis.

717

## 718 **CRedit authorship contribution statement**

719 **Dongxia Wu:** Conceptualization, Methodology, Investigation, Data curation, Formal analysis, Writing  
720 - original draft. **Mourad Rahim:** Conceptualization, Methodology, Investigation, Formal analysis,  
721 Writing - review & editing. **Mohammed El Ganaoui:** Supervision, Project administration,  
722 Conceptualization, Methodology, Formal analysis, Writing - review & editing. **Rachid Bennacer:**  
723 Conceptualization, Methodology, Formal analysis, Writing - review & editing. **Bin Liu:** Methodology,  
724 Review & editing

725

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731

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734 not-for-profit sectors.

735

736 **Appendix A**

737 The equations of effective specific heat capacity and effective thermal conductivity as a function  
738 of temperature are as follows:

739 
$$C^* = \begin{cases} C_s \\ \frac{C_s + C_l}{2} + \beta \times \exp\left(-1.67 \times \left(T - \frac{T_{ini} + T_{fin}}{2}\right)^2\right) \\ C_l \end{cases} \quad \begin{array}{l} T < T_{ini} \\ T_{ini} \ll T \ll T_{fin} \\ T > T_{fin} \end{array}$$

740 (A.1)

741 
$$\lambda^* = \begin{cases} \lambda_s \\ \lambda_l + 0.01 \times (T_{fin} - \\ \lambda_l \end{cases}$$

742  $T$ )

$$\begin{array}{l} T < T_{ini} \\ T_{ini} \ll T \ll T_{fin} \\ T > T_{fin} \end{array}$$

743 (A.2)

744 where  $T_{ini}$  and  $T_{fin}$  are the initial and final temperatures of the phase transition range, with their  
745 values listed in Table A.1;  $\beta$  is the coefficient that determines latent heat, with the relationship  
746 between  $\beta$  and latent heat shown in Table A.2;  $C_s$  and  $C_l$  are the specific heat capacities of solid  
747 and liquid PCM,  $C_s = C_l = 2$  kJ/(kg·K);  $\lambda_s$  and  $\lambda_l$  are the thermal conductivities of solid and  
748 liquid PCM,  $\lambda_s = 0.18$  W/(m·K) and  $\lambda_l = 0.14$  W/(m·K).

749

Phase transition range	16–20 °C	20–24 °C	24–28 °C	28–32 °C
$T_{ini}$ (°C)	16	20	24	28
$T_{fin}$ (°C)	20	24	28	32

Table A.1 Initial and final temperature of different phase transition ranges

Latent heat of PCM (kJ/kg)	62.9	90.4	117.8	145.3
$\beta$	40	60	80	100

Table A.2 Relationship between  $\beta$  and latent heat of PCM

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